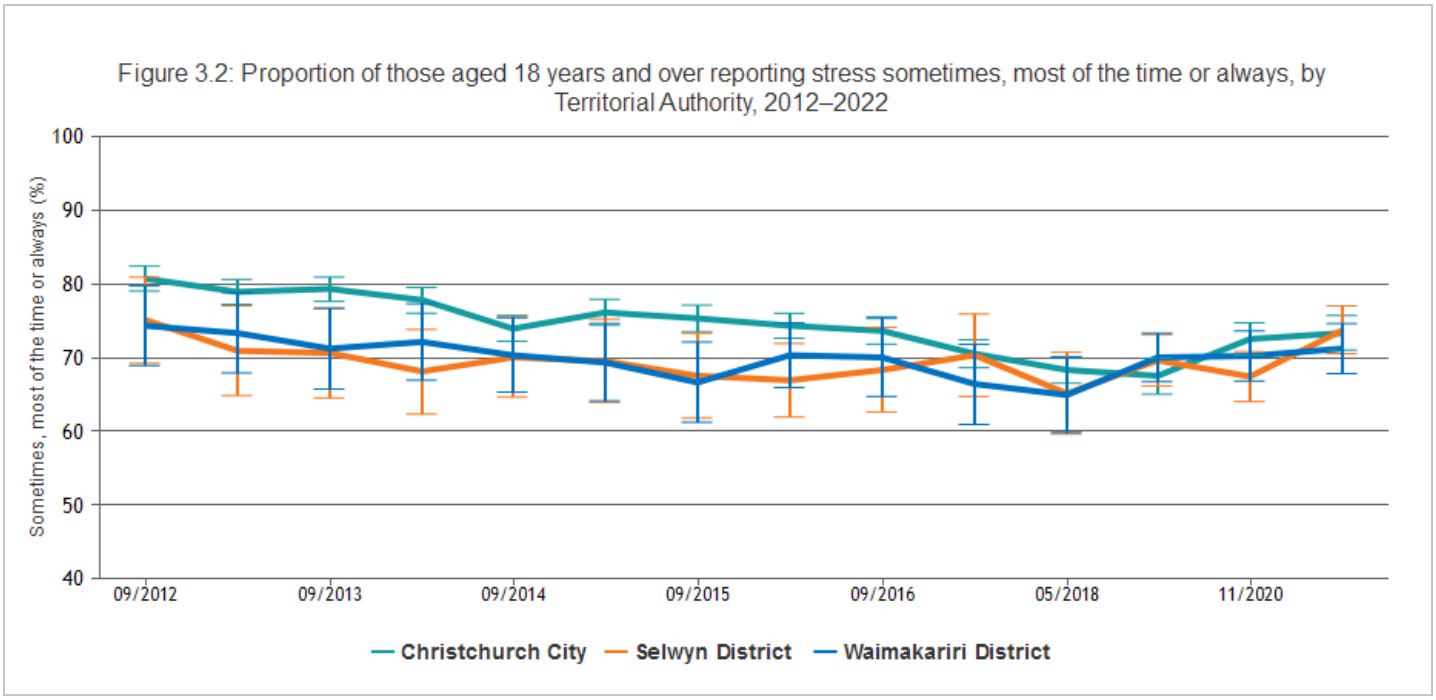
Stress: Breakdown by Territorial Authority

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The figure shows that the proportion of respondents reporting stress sometimes, most of the time, or always, for Selwyn District, Waimakariri District, and Christchurch City residents was not statistically significantly different in 2022 (73.7%, 71.2%, and 73.3%, respectively). While respondents from Selwyn District and Waimakariri District appear to have reported a lower frequency of stress overall between 2012 and 2018, these differences are mostly not statistically significant.

Data Sources for Stress

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Stress indicator is available at https://www.canterburywellbeing.org.nz/index-data

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