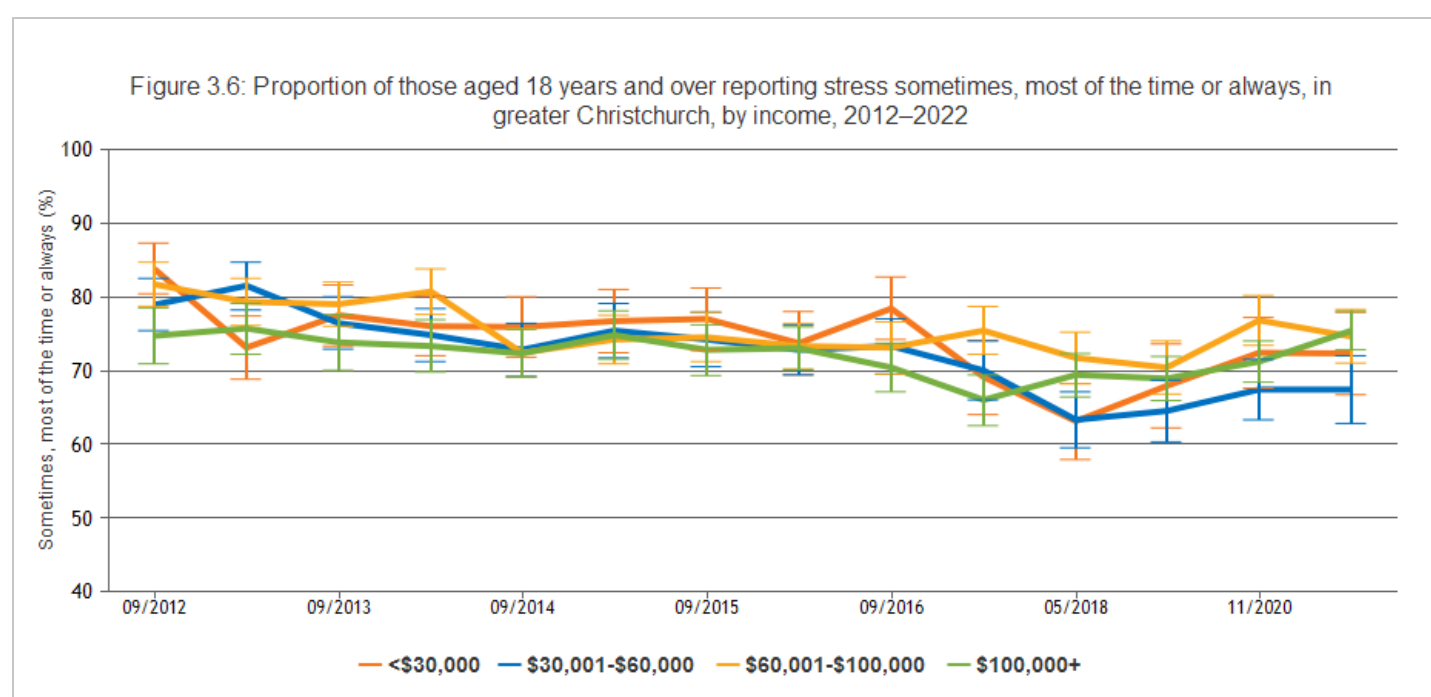


## Stress: Breakdown by income

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/stress/#link-breakdown-by-income> on 21/04/2024 3:00 AM



The figure shows the proportion of respondents reporting stress sometimes, most of the time, or always, for the annual household income groups <\$30,000; \$30,000 to \$60,000; \$60,001 to \$100,000; \$100,000+; for the years from 2012 to 2022. In 2022, there were statistically significant differences in the proportion experiencing stress at least sometimes, between the \$30,000 to \$60,000 household income group (67.4%) and both the \$60,001 to \$100,000 and the \$100,000+ household income groups (74.6%, and 75.4%, respectively). The proportion of respondents in the \$30,000 to \$60,000 household income group reporting stress at least sometimes was also statistically significantly lower than the \$60,001 to \$100,000 group in 2018 and 2020.

### Data Sources for Stress

**Source:** Te Whatu Ora Waitaha Canterbury.

**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Stress indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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