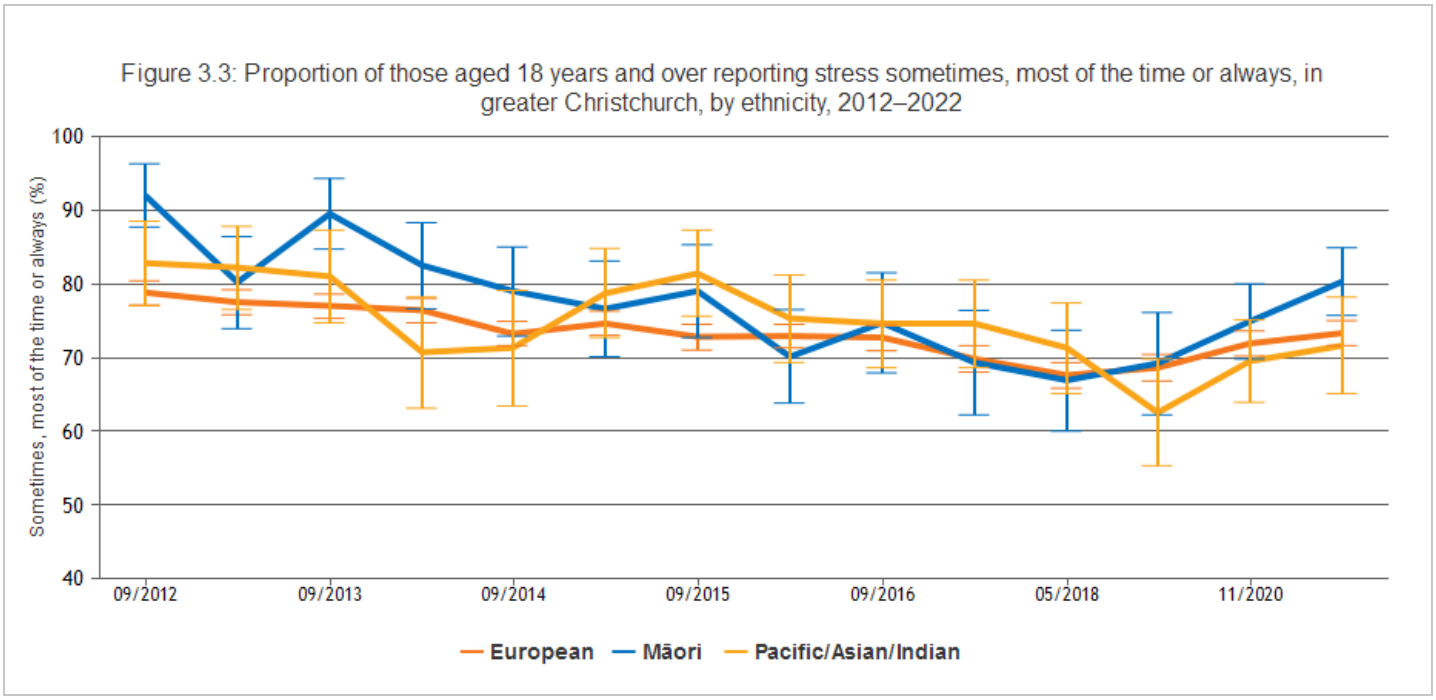
Stress: Breakdown by ethnicity

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/stress/#link-breakdown-by-ethnicity on 29/03/2024 1:54 PM



The figure shows the proportion of respondents reporting stress sometimes, most of the time, or always, for European respondents, Māori respondents, and for Pacific/Asian/Indian respondents (73.3%, 80.3%, and 71.6%, respectively, in 2022). While European respondents appear to have reported a slightly lower frequency of stress, overall, compared with Māori and Pacific/Asian/Indian respondents, between 2012 and 2022, these differences are not statistically significant (except for European compared with Māori, for the two time-points, 09/2012 and 09/2013).

Data Sources for Stress

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Stress indicator is available at https://www.canterburywellbeing.org.nz/index-data

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