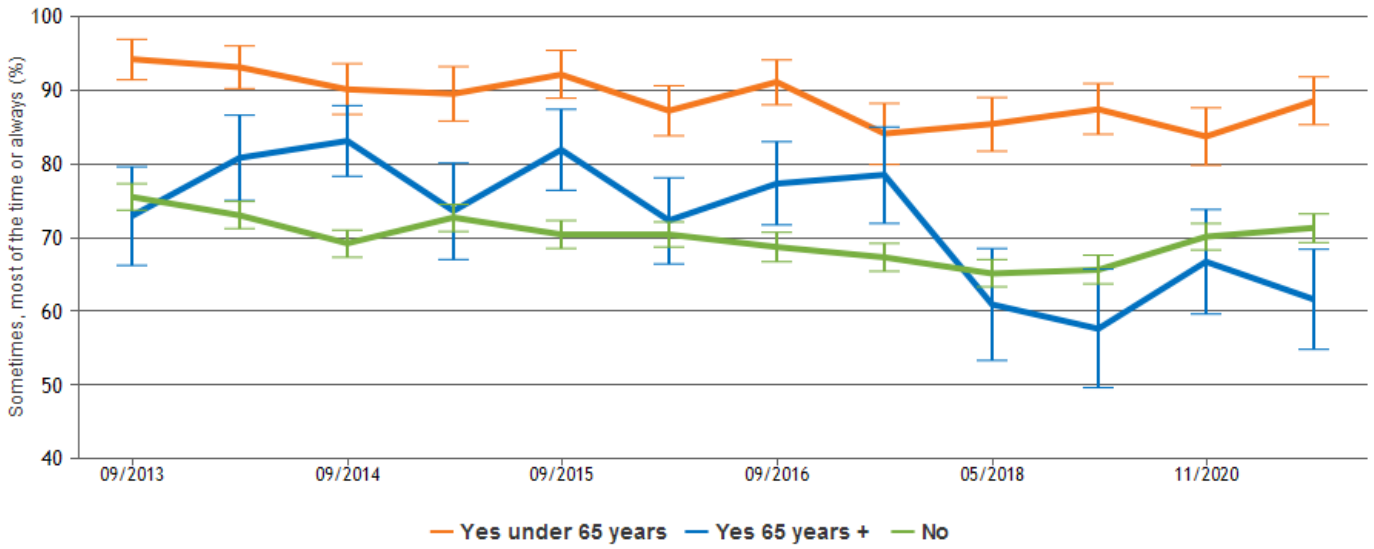
Stress: Breakdown by disability

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/stress/#link-breakdown-by-disability on 29/03/2024 12:47 PM

Figure 3.7: Proportion of those aged 18 years and over reporting stress sometimes, most of the time or always, in greater Christchurch, by long-term health condition or disability, 2012–2022



The figure shows that a consistently larger proportion of under 65-year-old respondents, with a long-term health condition or disability; reported experiencing stress sometimes, most of the time, or always, compared with those respondents without a long-term health condition or disability (88.5% and 71.3% respectively, in 2022). The difference has averaged approximately ten percentage points across the time-series, from 2012 to 2022, and is statistically significant at all time-points. Conversely, the figure shows relatively lower frequency of stress for over 65-year-old respondents with a long-term health condition or disability, compared with respondents (of all ages) without (61.6% and 71.3%, respectively, in 2022). The difference between these two groups' reported frequency of experiencing stress is not statistically significant for most of the time-points shown.

Data Sources for Stress

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Stress indicator is available at https://www.canterburywellbeing.org.nz/index-data

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