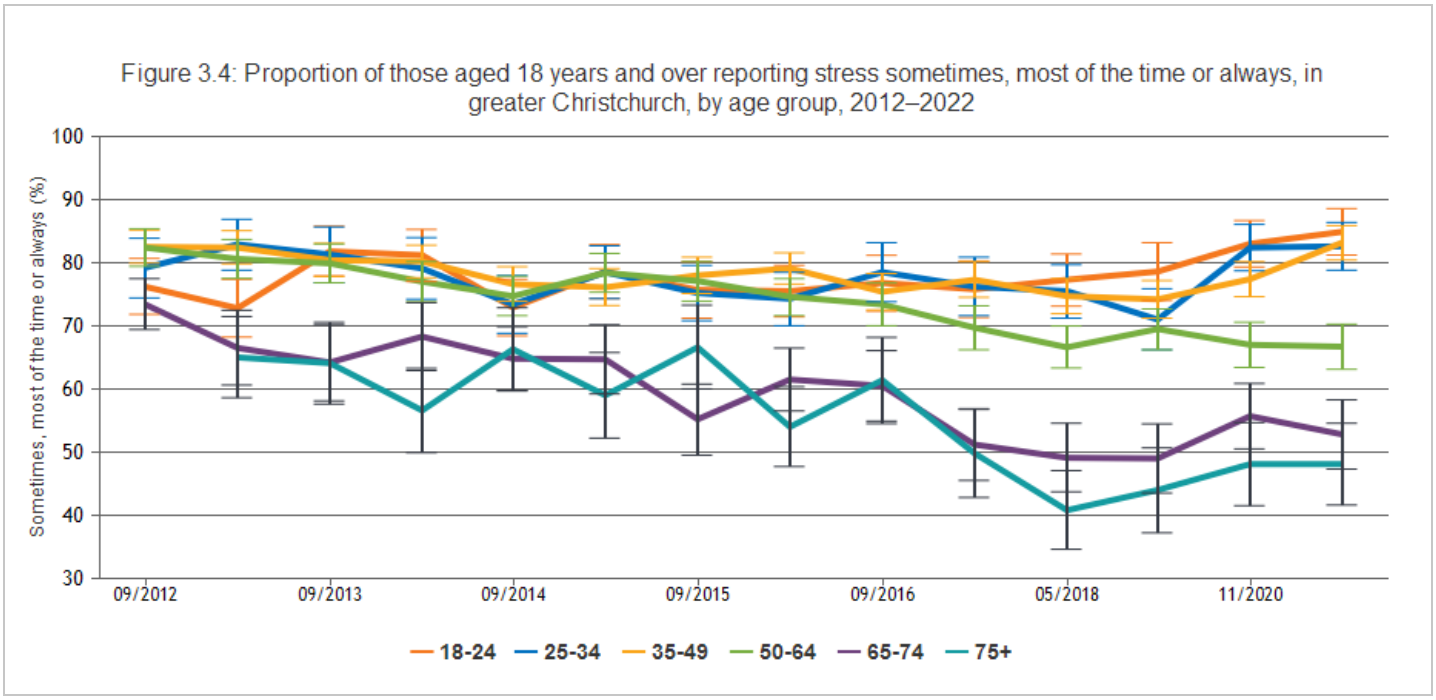
Stress: Breakdown by age

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/stress/#link-breakdown-by-age on 30/03/2024 3:30 AM



The figure shows the proportion of respondents reporting stress sometimes, most of the time, or always, by age group. The figure shows a clear pattern of less frequent self-reported stress for respondents aged 65 to 74 years, and 75 years and over, compared with the younger age groups. For these two age groups, the proportion reporting stress at least sometimes has averaged approximately 10 to 30 percentage points lower than for the younger age groups, for the period from 2013 to 2022. These differences are statistically significant at almost all time-points in the series.

Data Sources for Stress

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Stress indicator is available at https://www.canterburywellbeing.org.nz/index-data

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