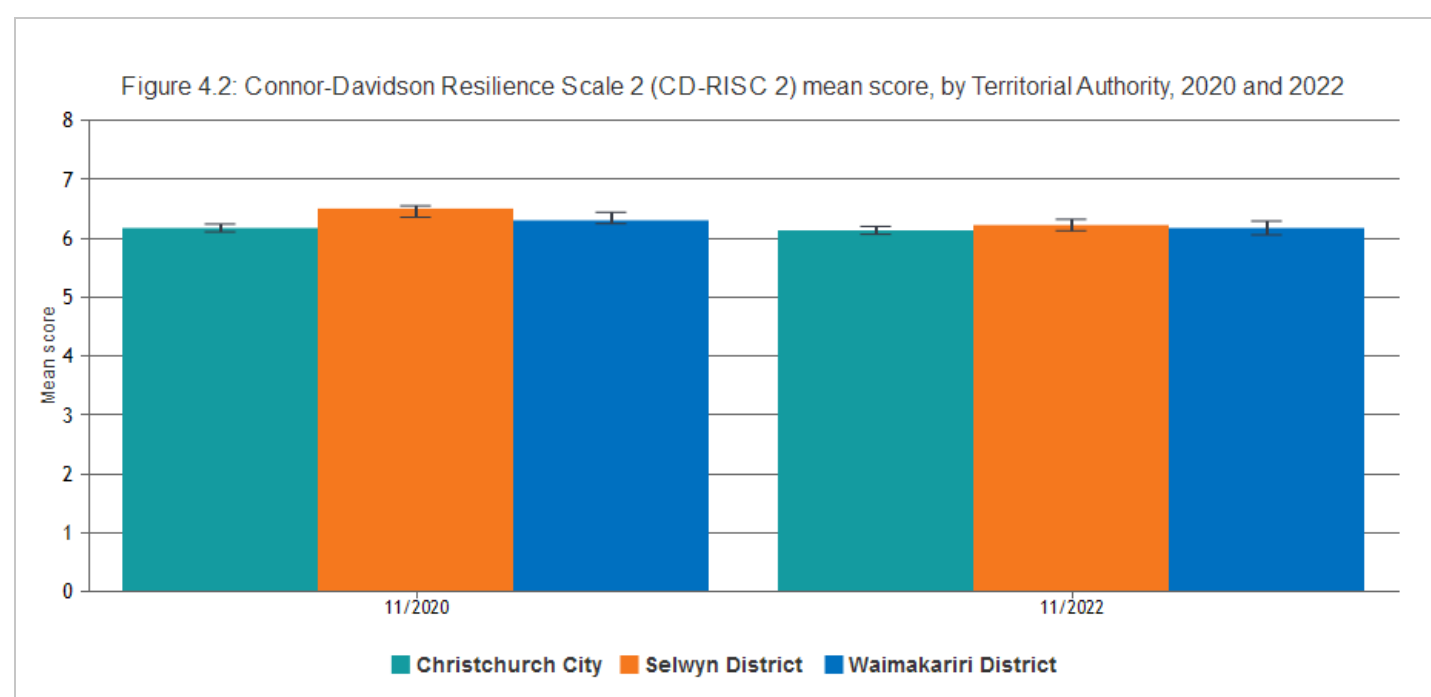


# Resilience: Breakdown by Territorial Authority

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The figure shows that the mean resilience scores of Christchurch City, Selwyn District, and Waimakariri District respondents, as measured by the Connor-Davidson Resilience Scale, are similar for 2020 and 2022 (6.1, 6.2, and 6.2, points, respectively, in 2022). None of the differences between scores are statistically significant at either time-point.

## Data Sources for Resilience

**Source:** Te Whatu Ora Waitaha Canterbury.

**Survey/data set:** Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Resilience indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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