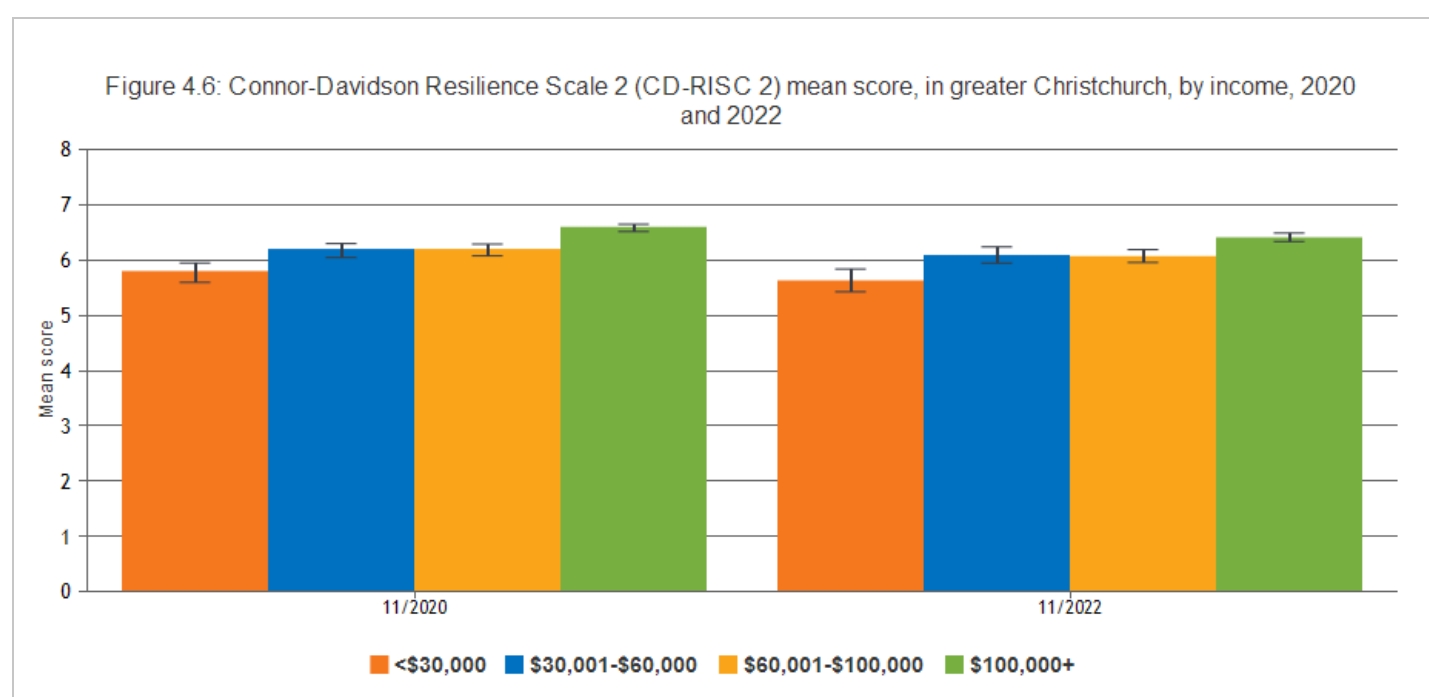


Resilience: Breakdown by income

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The figure shows a clear positive relationship between income and resilience (CD-RISC-2[®] mean scores), with mean resilience scores increasing with increasing annual household income. The mean scores of the three highest income groups shown are statistically significantly higher than the <\$30,000 income group in 2020 and 2022 (<\$30,000 group mean score 5.6 compared with the \$30,000-\$60,000 group, 6.1; \$60,001-\$100,000 group 6.1; and \$100,000+ group, 6.4, in 2022). Respondents from the \$100,000+ income group had statistically significantly higher mean resilience scores than all the other groups.

Data Sources for Resilience

Source: Te Whatu Ora Waitaha Canterbury.

Survey/data set: Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/

Source data frequency: Annually.

Metadata for the Resilience indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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