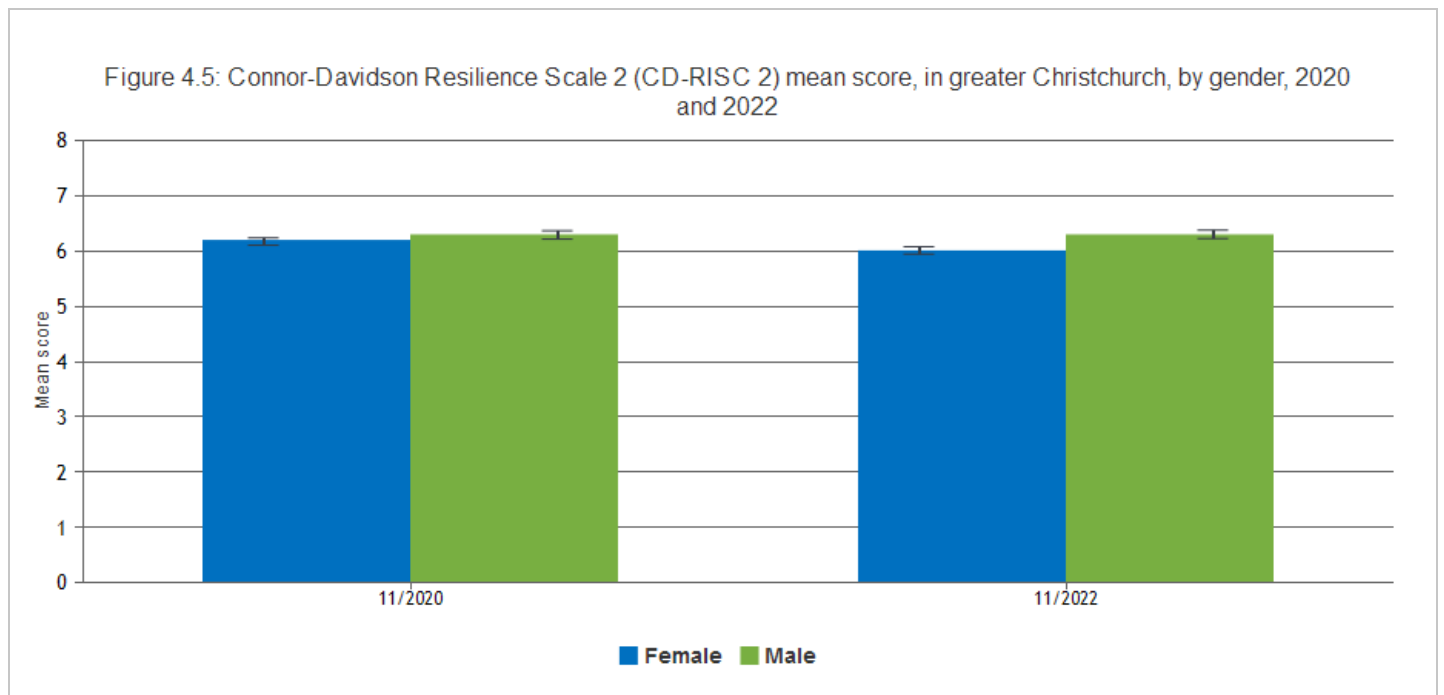


## Resilience: Breakdown by gender

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/resilience/#link-breakdown-by-gender> on 07/10/2024 2:37 PM



The figure shows similar levels of resilience (CD-RISC-2<sup>®</sup> mean scores) for female and male respondents in greater Christchurch, in 2020 (6.2 and 6.3, respectively). However, in 2022, male respondents had statistically significantly higher resilience scores compared with female respondents (6.0 and 6.3, respectively).

### Data Sources for Resilience

**Source:** Te Whatu Ora Waitaha Canterbury.

**Survey/data set:** Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Resilience indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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