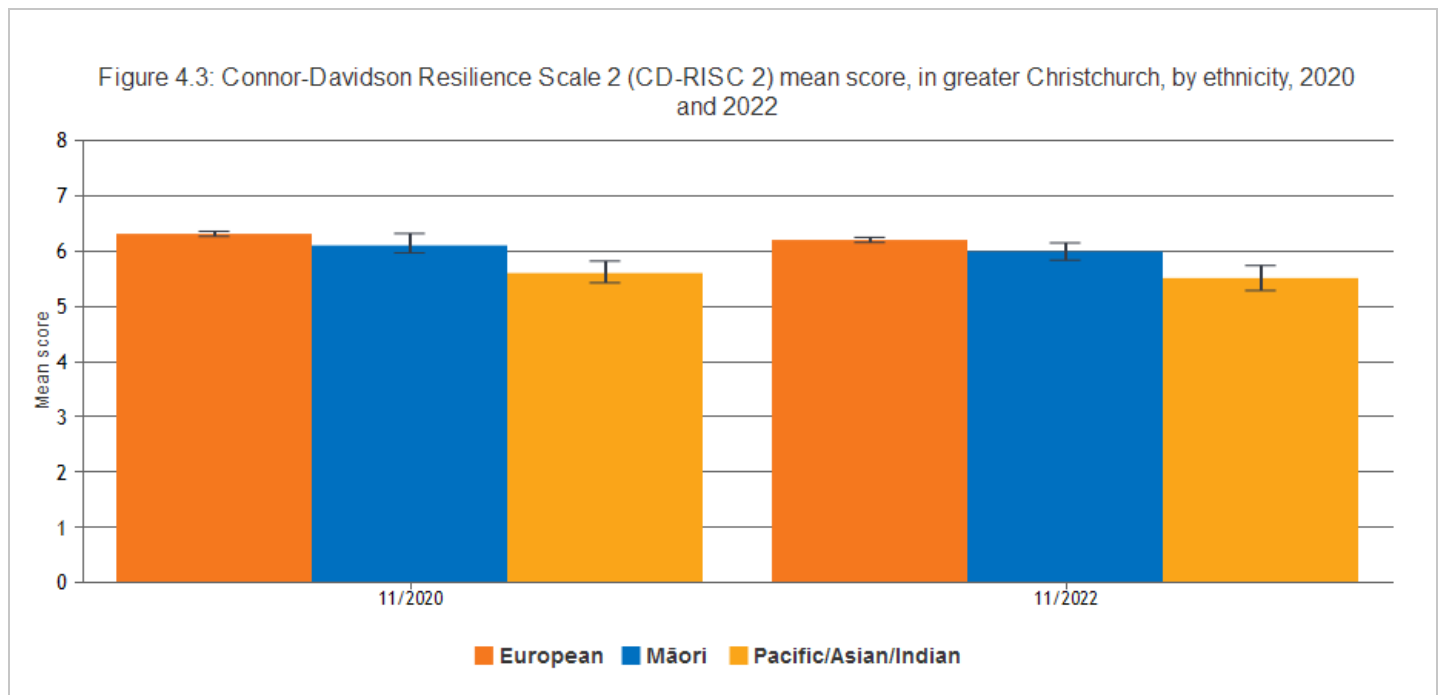


## Resilience: Breakdown by ethnicity

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The figure shows higher levels of resilience (as measured by the Connor-Davidson Resilience Scale) for European respondents, compared with Māori and Pacific/Asian/Indian respondents, in 2020 and 2022 (statistically significantly higher for Europeans compared with Pacific/Asian/Indian in 2020 and 2022, with mean scores of 6.2 and 5.5, respectively, in 2022). Māori respondents also had a statistically significantly higher mean score than Pacific/Asian/Indian respondents in 2020 and 2022 (6.0 and 5.5, respectively, in 2022). Different cultural understandings of resilience may need to be taken into account when comparing resilience scores across countries and/or ethnic groups [21].

### Data Sources for Resilience

**Source:** Te Whatu Ora Waitaha Canterbury.

**Survey/data set:** Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Resilience indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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