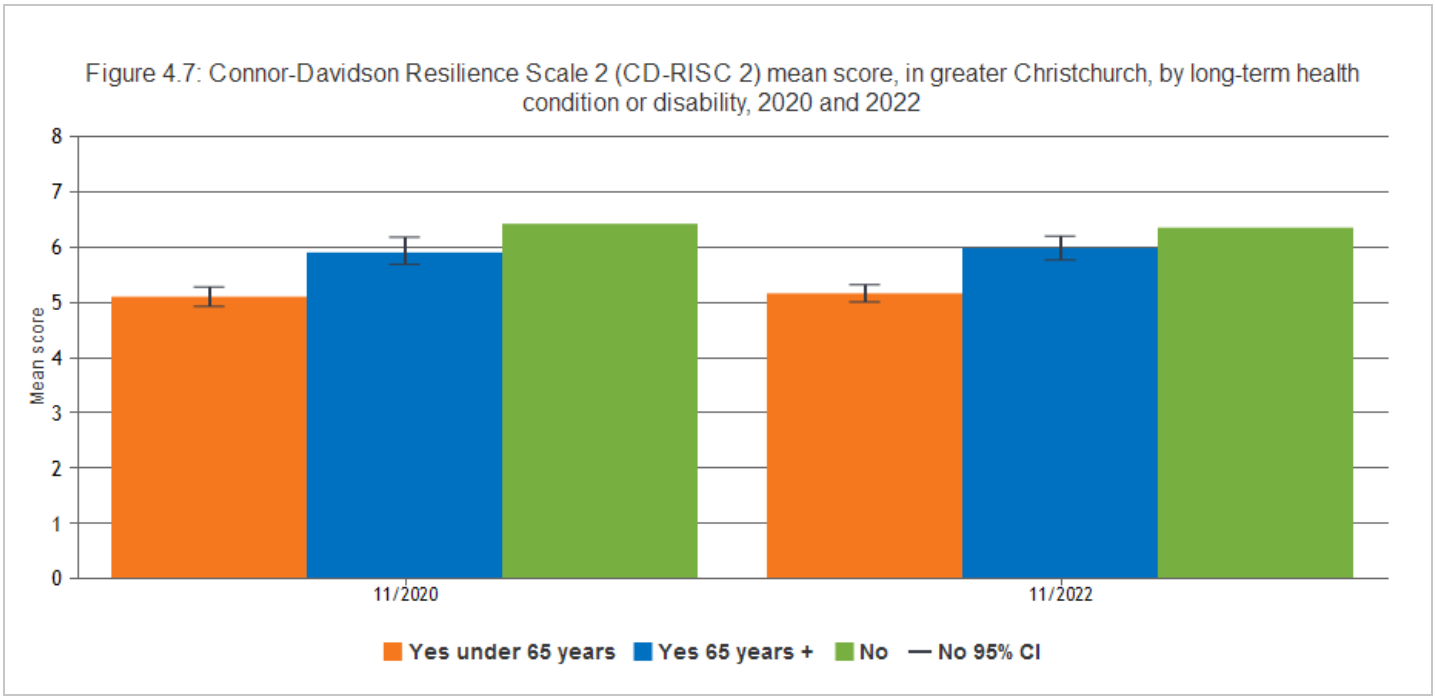
Resilience: Breakdown by disability

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The figure shows lower levels of resilience (CD-RISC-2© mean scores) for respondents with a long-term health condition or disability, compared with those without, in 2020 and 2022 (those with a long-term condition or disability and aged under 65 years, 5.2; those with disability and aged 65 years and over, 6.0; and those without disability, 6.4). Of note, the younger group with a long-term health condition or disability had lower mean resilience scores than those aged 65 and over with a long-term health condition or disability. The differences between the groups are statistically significant.

Data Sources for Resilience

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Resilience indicator is available at https://www.canterburywellbeing.org.nz/index-data

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