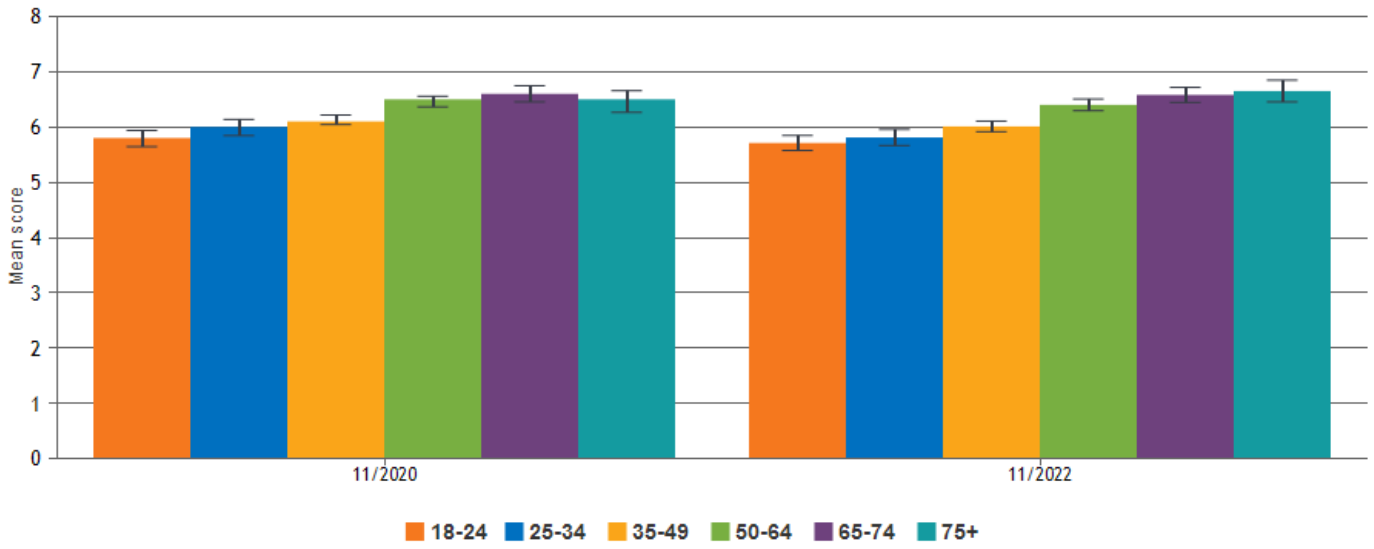
Resilience: Breakdown by age

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/resilience/#link-breakdown-by-age on 29/03/2024 5:51 PM

Figure 4.4: Connor-Davidson Resilience Scale 2 (CD-RISC 2) mean score, in greater Christchurch, by age group, 2020 and 2022



The figure shows a clear positive relationship between age and resilience (CD-RISC-2© mean scores), with resilience scores generally increasing with increasing age. The resilience scores of the three older age groups are each statistically significantly higher than the three lower age groups (18-24 years, 5.7; 25-34 years, 5.8; 35-49 years, 6.0; 50-64 years, 6.4; 65-74 years, 6.6; and 75+ years, 6.7), in 2022.

Data Sources for Resilience

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Resilience indicator is available at https://www.canterburywellbeing.org.nz/index-data

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