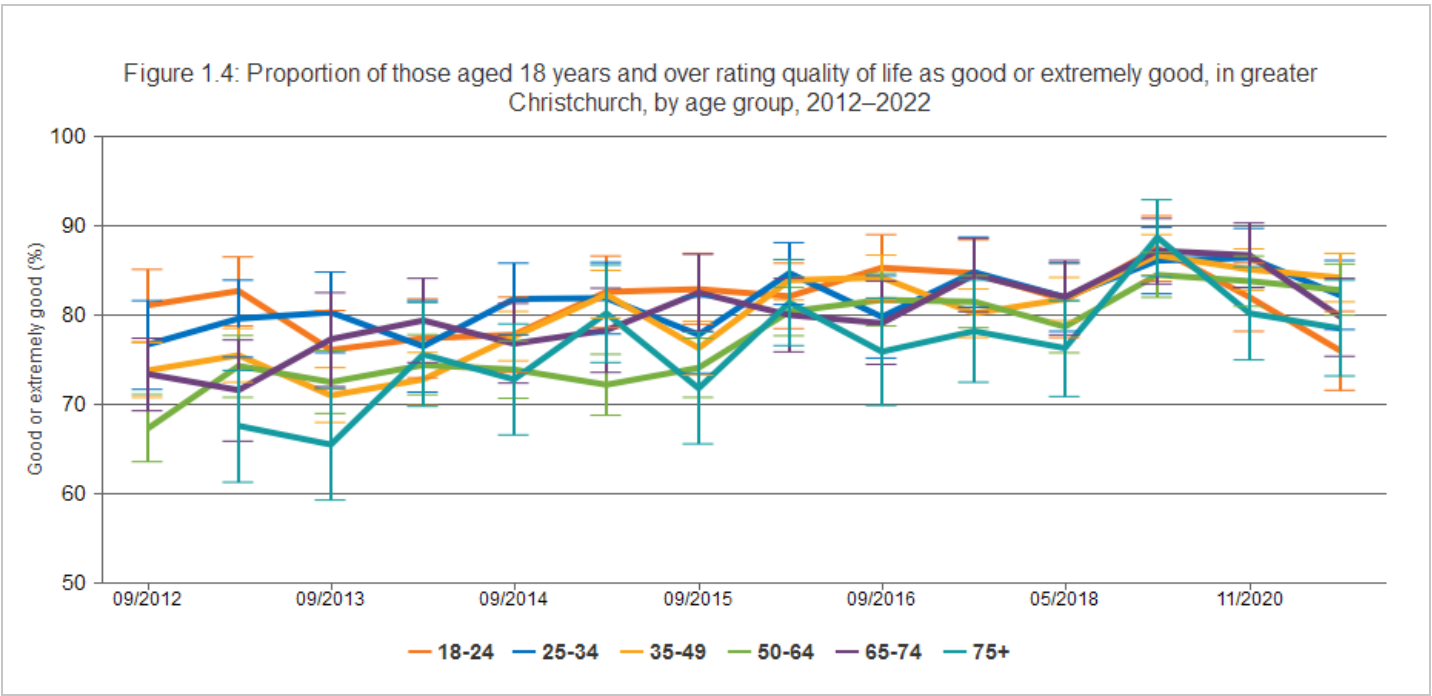


# Quality of life: Breakdown by age

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The figure shows a pattern of converging overall quality of life (proportion of those rating their quality of life as good or extremely good) for the age groups over the time-series. While there have been some statistically significant differences between young people and the older age groups, at some earlier time-points, there have been no statistically significant differences between any age groups since late 2016.

## Data Sources for Quality of life

**Source:** Te Whatu Ora Waitaha Canterbury.  
**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)  
**Source data frequency:** Annually.

Metadata for the Quality of life indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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