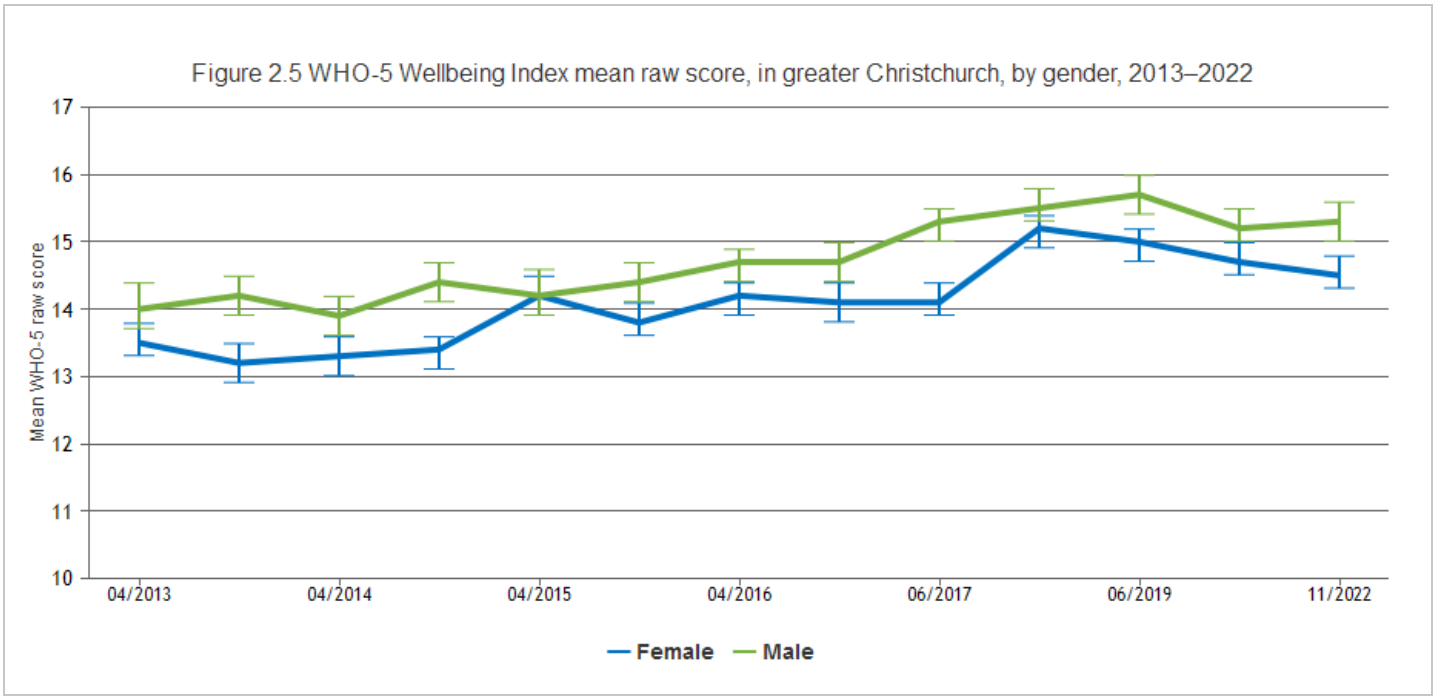
CANTERBURY WELLBEING INDEX

# Emotional wellbeing: Breakdown by gender

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The figure shows a pattern of higher WHO-5 Wellbeing Index mean scores for male respondents compared with female respondents, over the period from 2012 to 2020 (statistically significant differences are evident at the 09/2013, 09/2014, 09/2016, 06/2017, 06/2019, and 11/2022 time-points).

### Data Sources for Emotional wellbeing

**Source:** Te Whatu Ora Waitaha Canterbury.
**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
**Source data frequency:** Annually.

Metadata for the Emotional wellbeing indicator is available at https://www.canterburywellbeing.org.nz/index-data

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