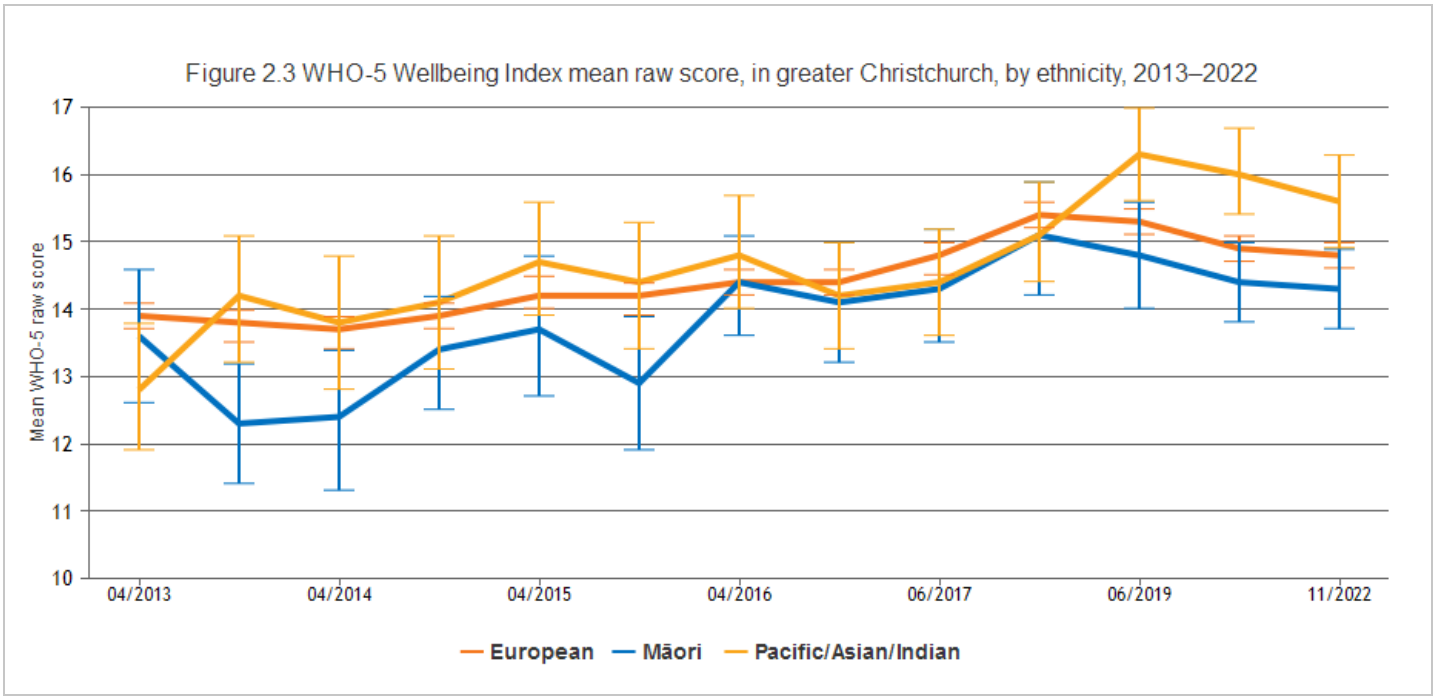
CANTERBURY WELLBEING INDEX

Emotional wellbeing: Breakdown by ethnicity

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The figure shows statistically similar WHO-5 Wellbeing Index mean scores for European respondents (14.8) and Māori respondents (14.3), in November 2022. The mean score for Pacific/Asian/Indian respondents (15.6) was statistically significantly higher than for European respondents in November 2020 but not 2022. While the WHO-5 Wellbeing Index mean scores were generally lower for Māori respondents compared with European and Pacific/Asian/Indian respondents from 2013 to 2016 and 2018 to 2022, the majority of these differences were not statistically significant.

Data Sources for Emotional wellbeing

Source: Te Whatu Ora Waitaha Canterbury.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Emotional wellbeing indicator is available at https://www.canterburywellbeing.org.nz/index-data

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