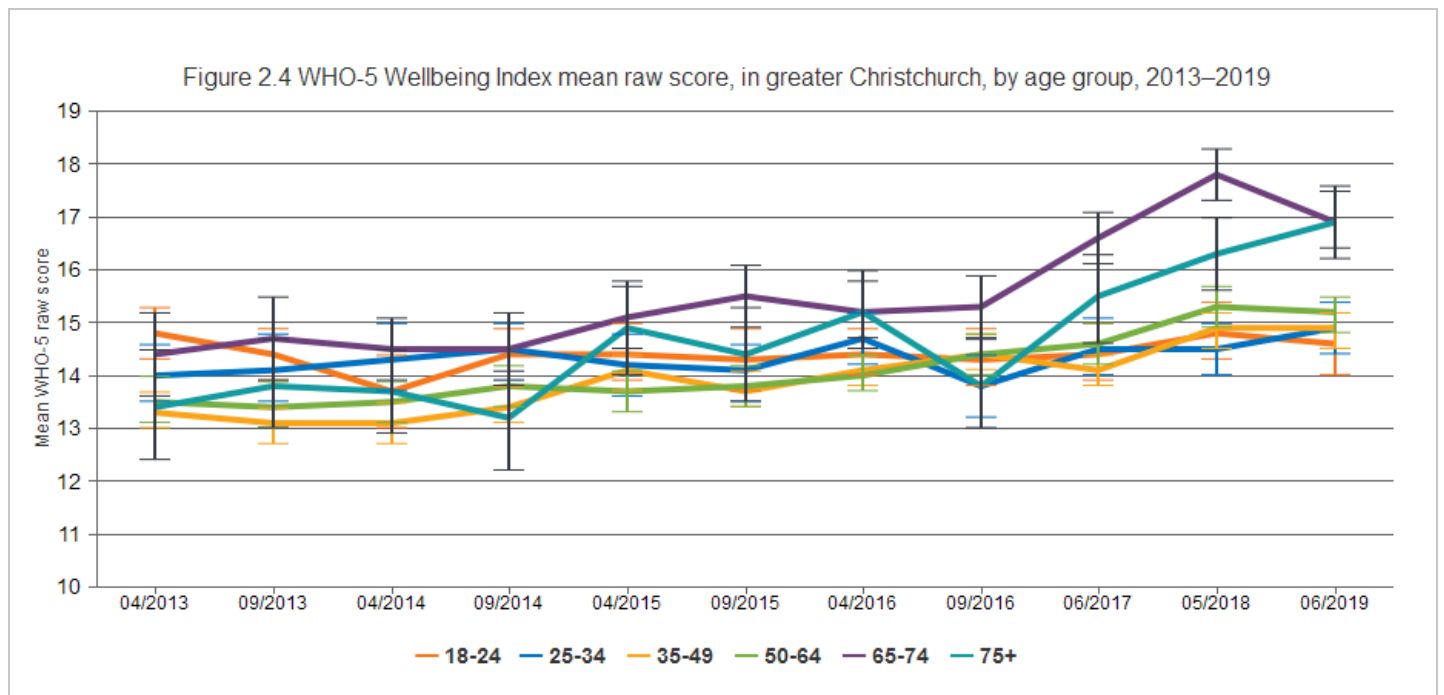


## Emotional wellbeing: Breakdown by age

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/emotional-wellbeing/#link-breakdown-by-age> on 23/02/2020 1:08 AM



The figure shows a pattern of generally similar WHO-5 Wellbeing Index mean scores for the age groups 18 to 24 years, 25 to 34 years, 35 to 49 years, and 50 to 64 years, over the period 2013 to 2019. For the 65 to 74 years, and 75 and over age group, a different pattern is seen. Both of these oldest age groups have had significantly higher mean WHO-5 scores than all other age groups in 2018 and 2019.

### Data Sources for Emotional wellbeing

**Source:** Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2019. Access publicly available data from the Community and Public Health (Canterbury DHB) website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Emotional wellbeing indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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This is the full reference list for **Subjective Wellbeing**.

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