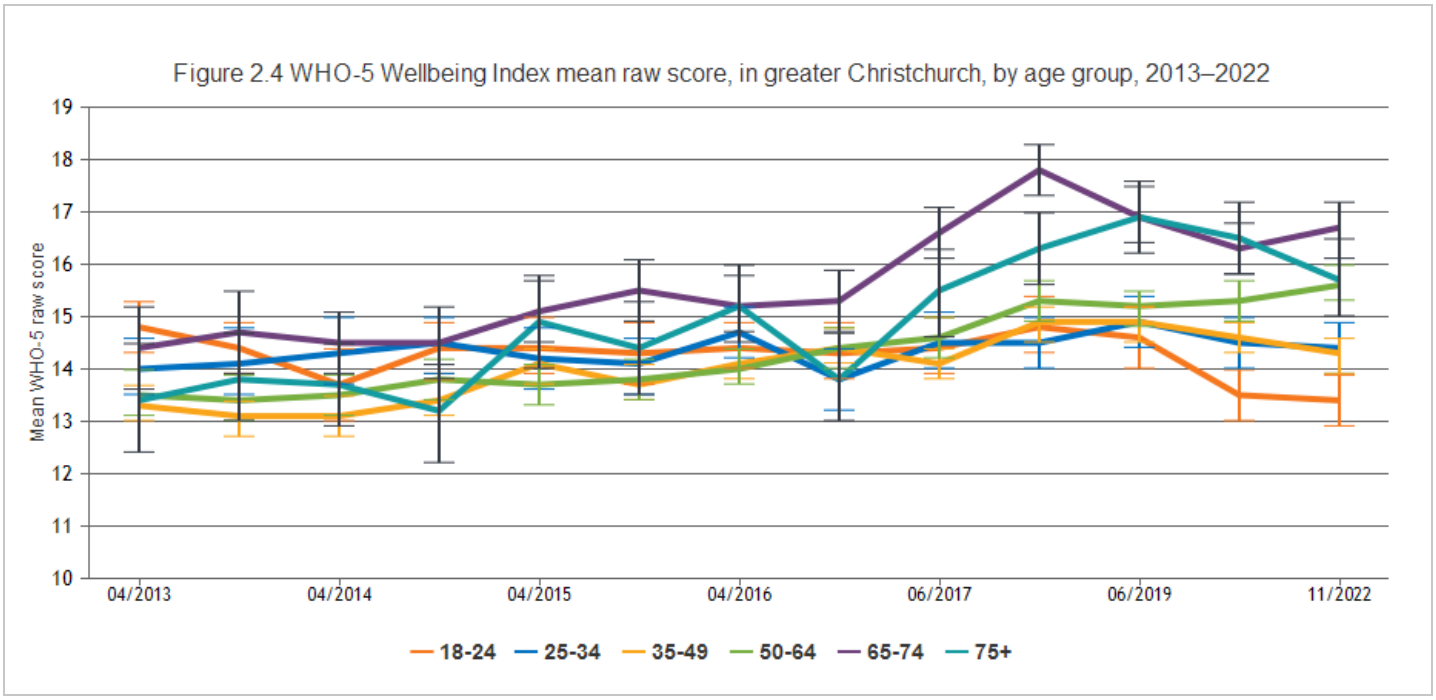
CANTERBURY WELLBEING INDEX

# Emotional wellbeing: Breakdown by age

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The figure shows a pattern of generally similar WHO-5 Wellbeing Index mean scores for the age groups 18 to 24 years, 25 to 34 years, 35 to 49 years, and 50 to 64 years, over the period 2013 to 2022. For the 65 to 74 years, and 75 and over age group, a different pattern is seen. Both of these older age groups have had higher mean WHO-5 scores than all other age groups since 2017. For respondents aged 65 to 74 years, the difference in mean WHO-5 scores is statistically significant (compared with the three youngest age groups) for all years since 2017, and for those aged 75+ years, since 2018.

### Data Sources for Emotional wellbeing

**Source:** Te Whatu Ora Waitaha Canterbury.
**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
**Source data frequency:** Annually.

Metadata for the Emotional wellbeing indicator is available at https://www.canterburywellbeing.org.nz/index-data

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