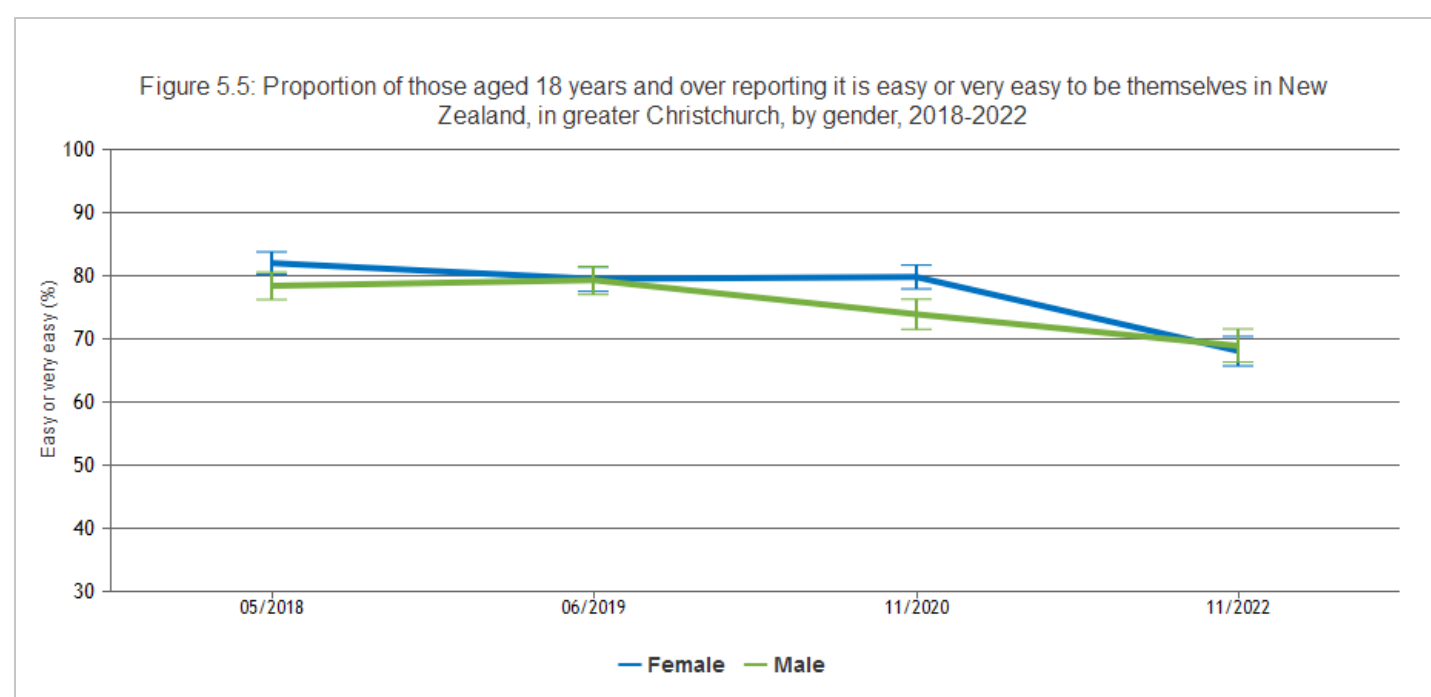


Personal identity: Breakdown by gender

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/personal-identity/#link-breakdown-by-gender> on 03/05/2024 3:58 AM



The figure shows that males and females expressed a similar level of ease with being themselves in New Zealand from 2018 to 2022 (68.1% of females reported it was very easy or easy to be themselves, compared with 68.9% of males in 2022).

Data Sources for Personal identity

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/

Source data frequency: Annually.

Metadata for the Personal identity indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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