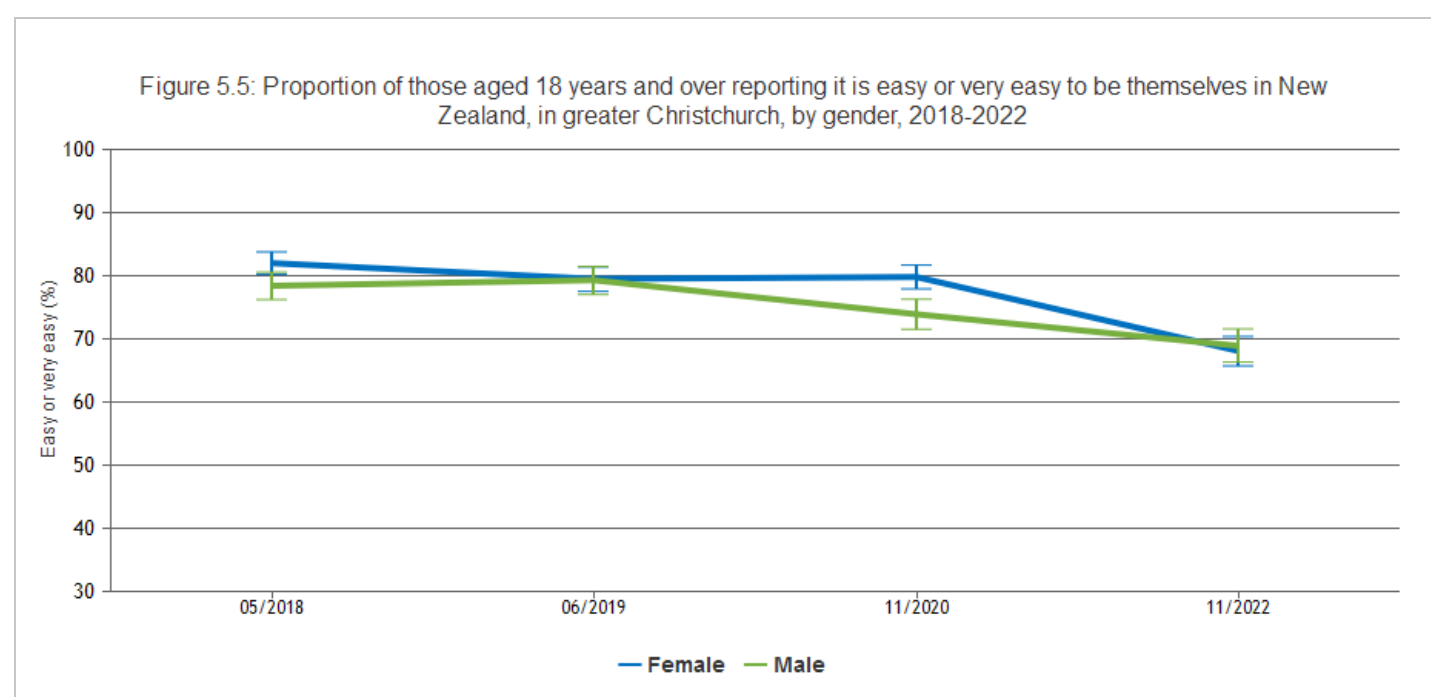


## Personal identity: Breakdown by gender

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/personal-identity/#link-breakdown-by-gender> on 25/04/2024 7:50 PM



The figure shows that males and females expressed a similar level of ease with being themselves in New Zealand from 2018 to 2022 (68.1% of females reported it was very easy or easy to be themselves, compared with 68.9% of males in 2022).

### Data Sources for Personal identity

**Source:** Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Personal identity indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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