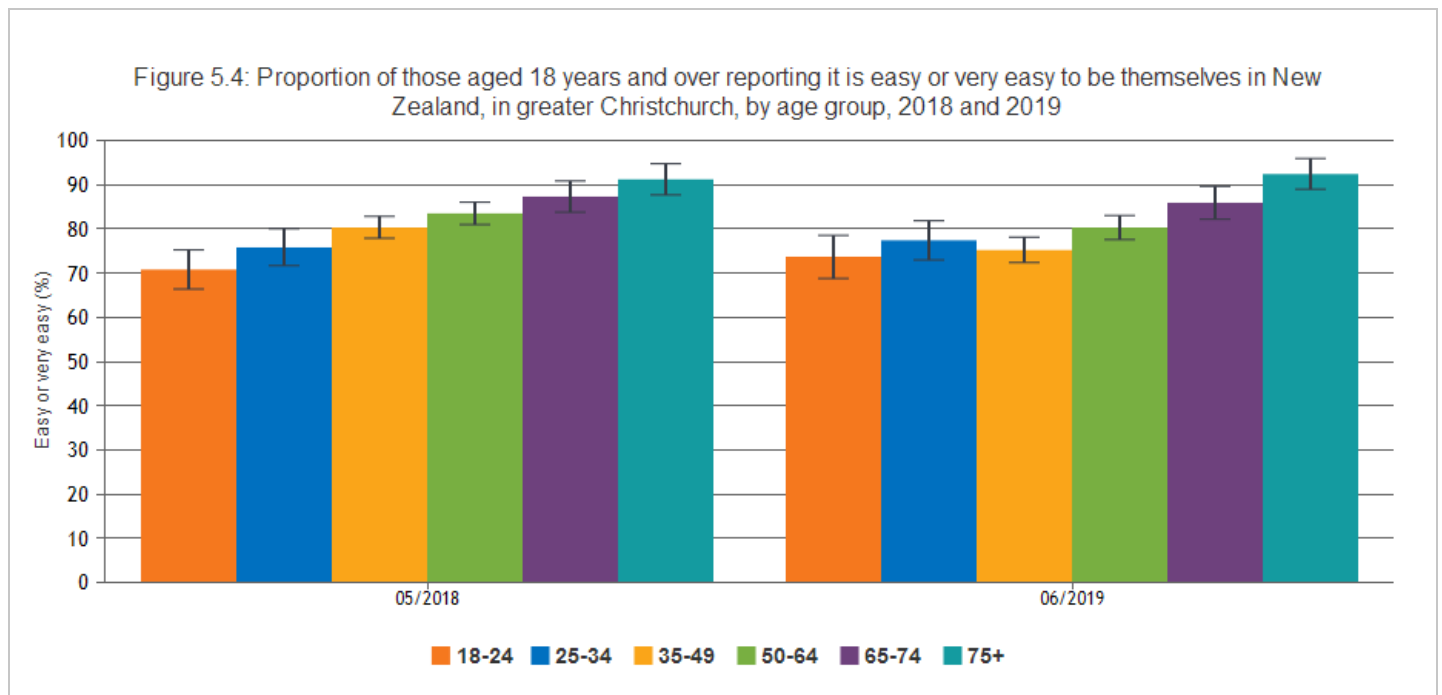


## Personal identity: Breakdown by age

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/personal-identity/#link-breakdown-by-age> on 07/07/2022 5:17 AM



The figure shows that in 2018 and 2019, younger people were less likely than older people to report that it was very easy or easy to be themselves in New Zealand (18–24 years, 73.7%; 25–34 years, 77.4%; 35–49 years, 75.2%; 50–64 years, 80.3%; 65–74 years, 85.9%; and 75+ years 92.4% in 2019). The difference shown between young people’s (18–24 years) ease of being themselves, and those in the four oldest age groups (35–49 years, 50–64 years, 65–74 years, and 75+ years), is statistically significant in 2018, and for the two oldest age groups in 2019.

### Data Sources for Personal identity

**Source:** Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2019. Access publicly available data from the Community and Public Health (Canterbury DHB) website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Personal identity indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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