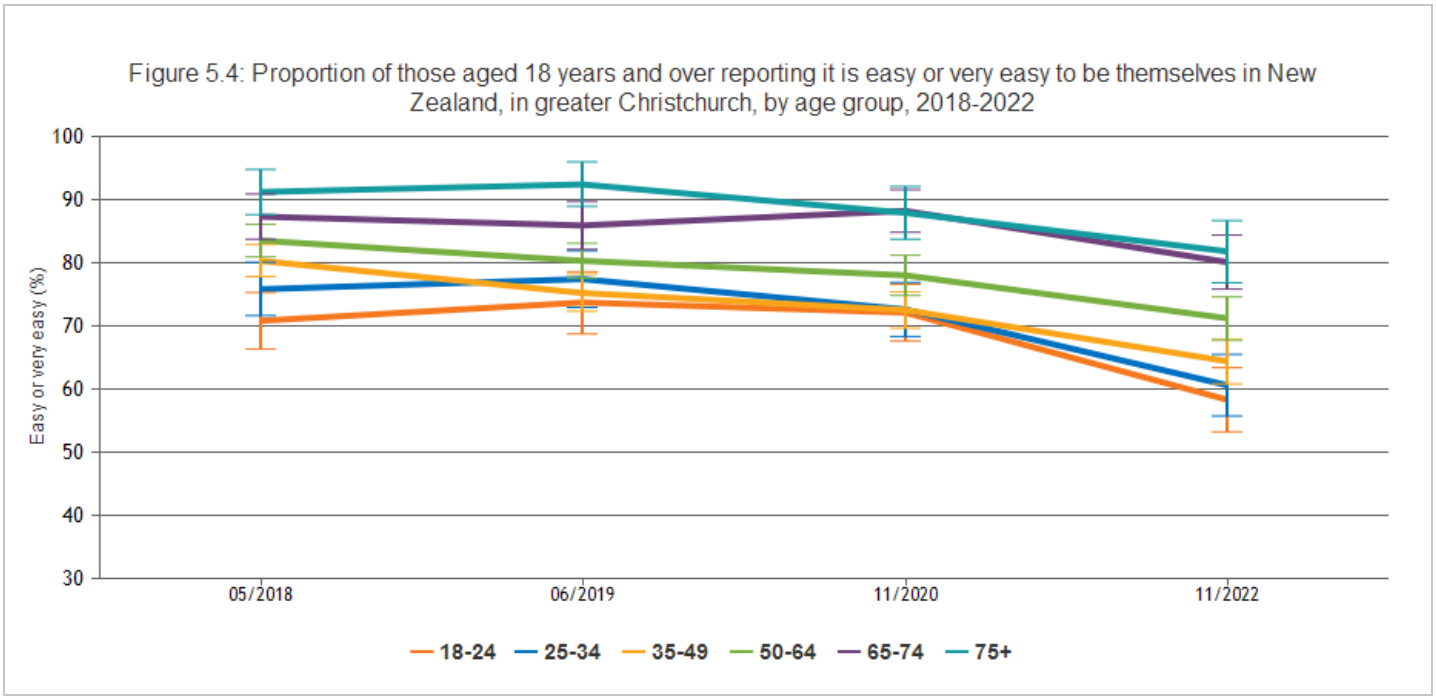
Personal identity: Breakdown by age

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/personal-identity/#link-breakdown-by-age on 29/03/2024 2:48 PM



The figure shows that from 2018 to 2022, younger people were generally less likely than older people to report that it was very easy or easy to be themselves in New Zealand (18–24 years, 58.3%; 25–34 years, 60.6%; 35–49 years, 64.4%; 50–64 years, 71.2%; 65–74 years, 80.1%; and 75+ years 81.8% in 2022). The difference shown between young people's (18–24 years) ease of being themselves, and those in the three oldest age groups (50–64 years, 65–74 years and 75+ years), is statistically significant in 2022.

Data Sources for Personal identity

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Personal identity indicator is available at https://www.canterburywellbeing.org.nz/index-data

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