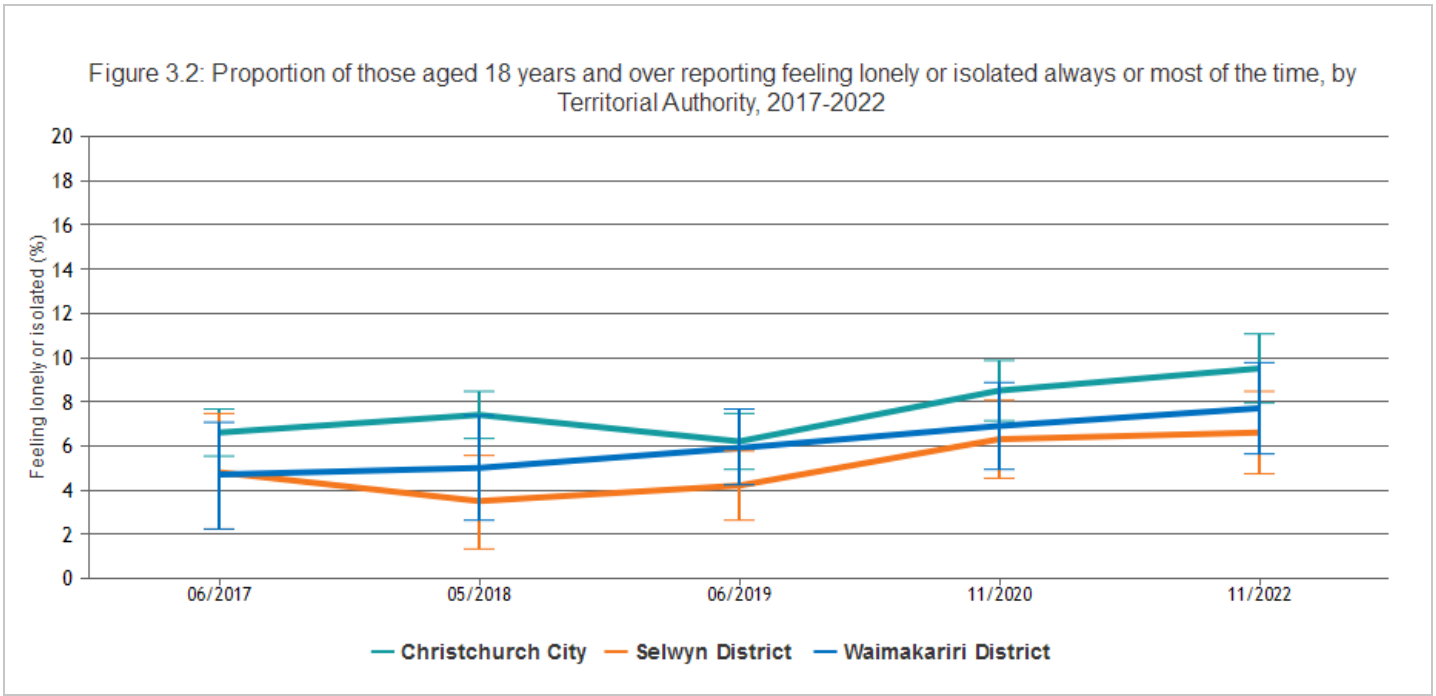


# Loneliness and isolation: Breakdown by Territorial Authority

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The figure shows the proportion of respondents aged 18 years and over who reported feeling lonely or isolated, always or most of the time, over the period from 2017 to 2022, for Christchurch City, Selwyn District, and Waimakariri District (9.5%, 6.6%, and 7.7%, respectively, in 2022). Generally, a higher proportion of Christchurch City respondents have reported being socially isolated, compared with Selwyn District and Waimakariri District respondents, over the time series shown, however the differences are not statistically significant.

## Data Sources for Loneliness and isolation

**Source:** Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.  
**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)  
**Source data frequency:** Annually.

Metadata for the Loneliness and isolation indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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