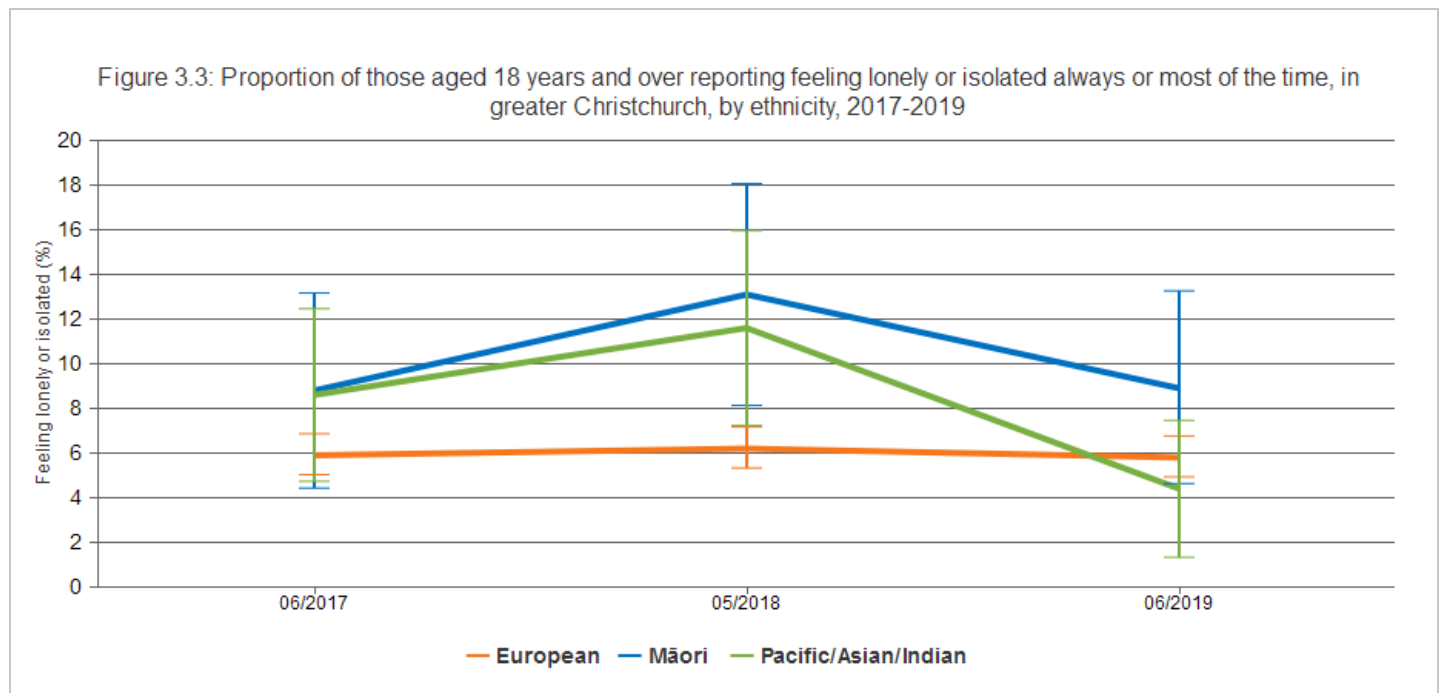


# Loneliness and isolation: Breakdown by ethnicity

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The figure shows the proportion of respondents who reported feeling lonely or isolated, always or most of the time, 2017 to 2019, for European respondents, Māori respondents, and for Pacific/Asian/Indian respondents (5.8%, 8.9%, and 4.4%, respectively, in 2019). A statistically significantly lower proportion of European respondents reported being socially isolated compared with Māori and Pacific/Asian/Indian respondents in 2018. Note that these comparisons do not take into account possible confounders such as income or age.

### Data Sources for Loneliness and isolation

**Source:** Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2019. Access publicly available data from the Community and Public Health (Canterbury DHB) website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Loneliness and isolation indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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