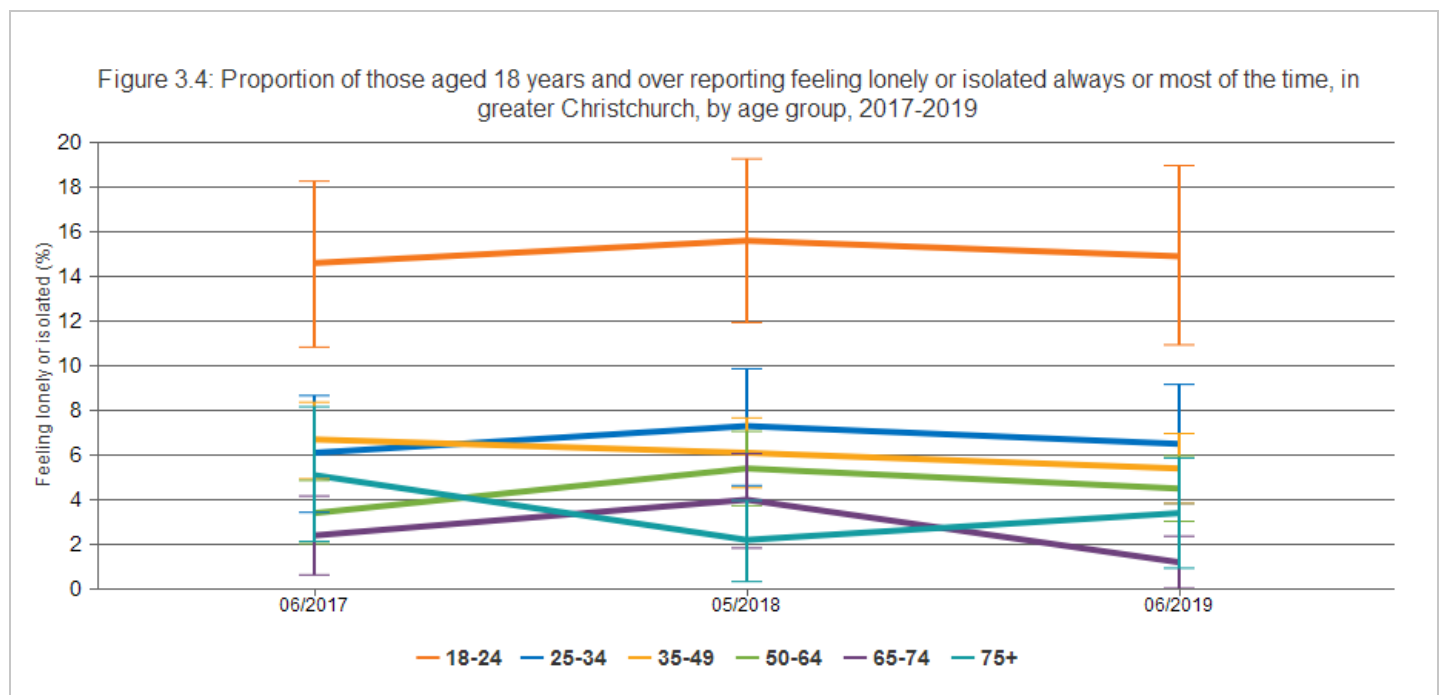


## Loneliness and isolation: Breakdown by age

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/loneliness-and-isolation/#link-breakdown-by-age> on 01/04/2020 1:30 AM



The figure shows the proportion of respondents reporting feeling lonely or isolated, always or most of the time, by age group, from 2017 to 2019. The figure shows a clear pattern of higher levels of social isolation for young people. For respondents in the 18 to 24 years group, in particular, the self-reported level of social isolation has averaged approximately 8 percentage points above the other age groups (the difference between the youngest age group and all other age groups is statistically significant at all three time-points).

### Data Sources for Loneliness and isolation

**Source:** Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey to 2019. Access publicly available data from the Community and Public Health (Canterbury DHB) website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Loneliness and isolation indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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