Self-rated health: Breakdown by ethnicity

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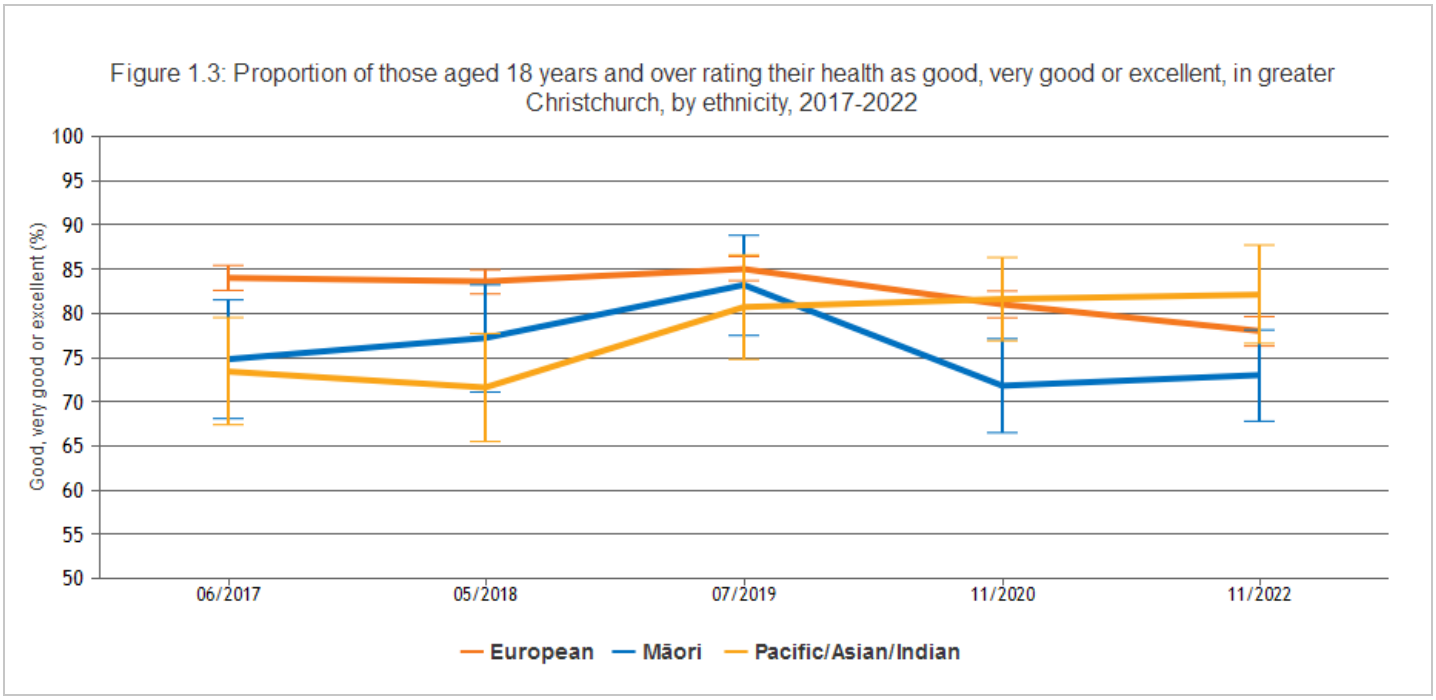

The figure shows the proportion of respondents rating their health as good, very good or excellent, for European respondents, Māori respondents, and for Pacific/Asian/Indian respondents (78.0%, 73%, and 82.1%, respectively, in 2022). European respondents had better self-rated health (a statistically significantly higher proportion rating their health as good, very good, or excellent) than Māori respondents in 2020, however, in 2022 there were no statistically significant differences between the groups.

Data Sources for Self-rated health

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website at www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Self-rated health indicator is available at https://www.canterburywellbeing.org.nz/index-data

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