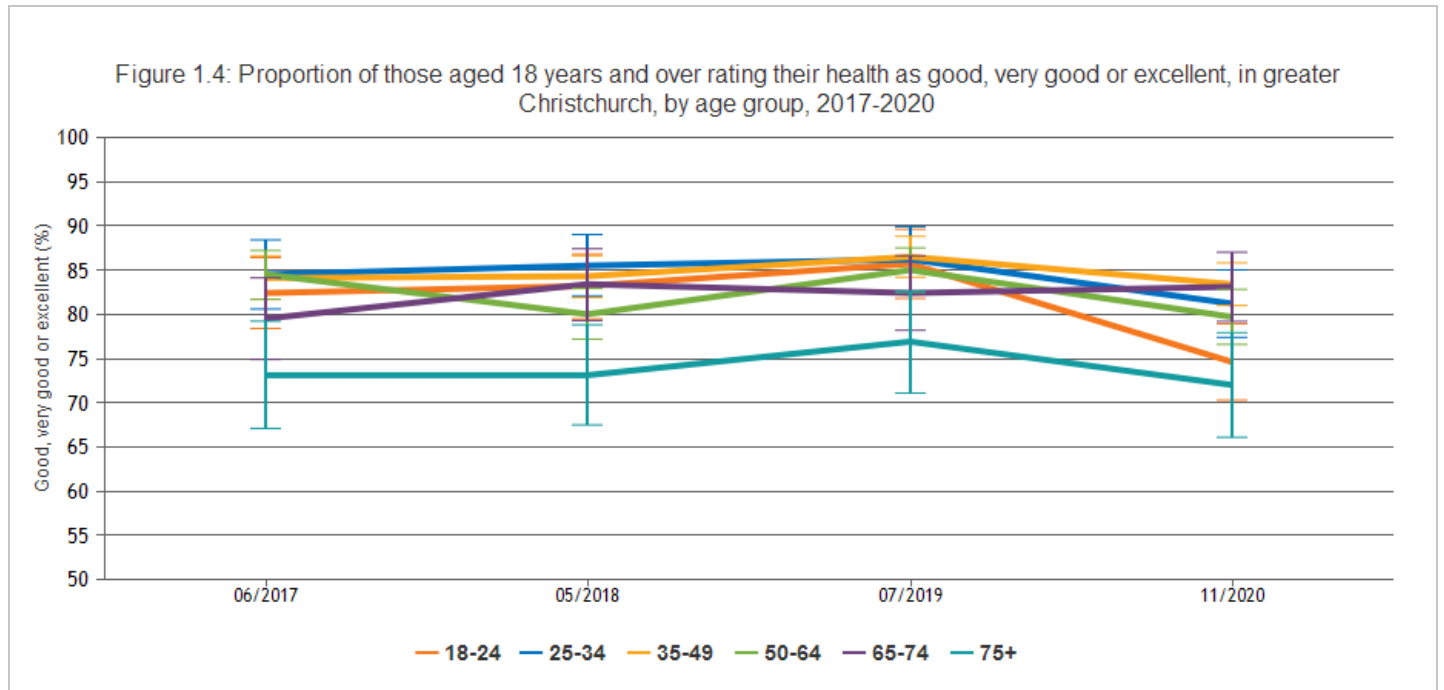


Self-rated health: Breakdown by age

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The figure shows a pattern of generally similar self-rated health (proportion rating their health as good, very good or excellent) for the age groups 18 to 24 years, 25 to 34 years, 35 to 49 years, 50 to 64 years, and 65 to 74 years, for 2017, 2018, 2019 and 2020 (all falling into the range 79.5% to 86.5%). Of note, the proportion for the 75+ years age group was statistically significantly lower than for the 35 to 49 years age group at all timepoints and was statistically significantly lower than for some other age groups at certain timepoints: 50 to 64 years age group in 2017, and 65 to 74 years age group in 2018 and 2020. There was a statistically significant decrease in self-rated health among 18 to 24 year-olds between 2019 and 2020 (85.7% rating their health as good, very good or excellent in 2019 compared to 74.6% in 2020).

Data Sources for Self-rated health

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

Survey/data set: Canterbury Wellbeing Survey to 2020. Access publicly available data from Te Mana Ora | Community and Public Health website at www.cph.co.nz/your-health/wellbeing-survey/

Source data frequency: Annually.

Metadata for the Self-rated health indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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