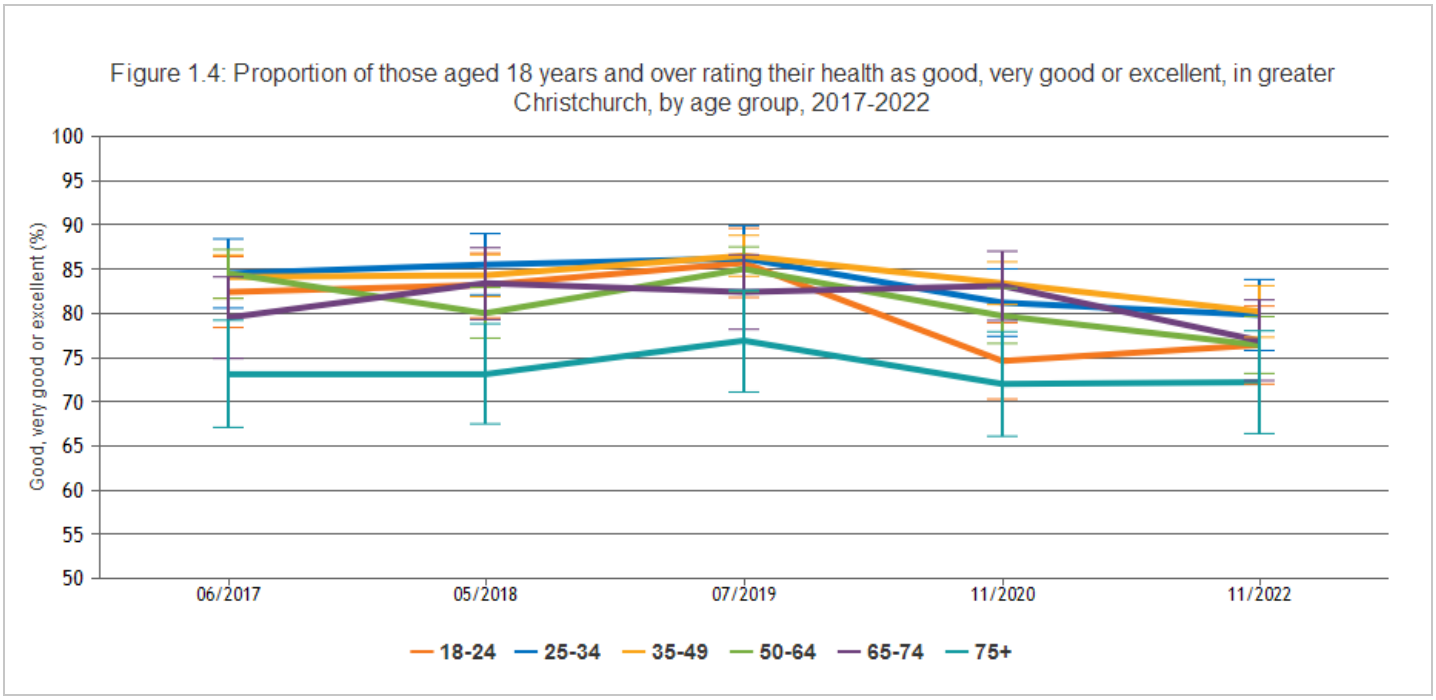
Self-rated health: Breakdown by age

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/health/self-rated-health/#link-breakdown-by-age on 29/03/2024 7:19 AM



The figure shows a pattern of generally similar self-rated health (proportion rating their health as good, very good or excellent) for the age groups 18 to 24 years, 25 to 34 years, 35 to 49 years, 50 to 64 years, 65 to 74 years and 75+ years, for 2017 to 2022 (range 72.2% to 80.2%, in 2022). Of note, the proportion for the 75+ years age group was statistically significantly lower than for the 35 to 49 years age group and the 25 to 34 years age group, at all timepoints. There was a statistically significant decrease in self-rated health among 18- to 24-year-olds between 2019 and 2022 (85.7% rating their health as good, very good or excellent in 2019 compared with 76.4% in 2022).

Data Sources for Self-rated health

Source: Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.
Survey/data set: Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website at www.cph.co.nz/your-health/wellbeing-survey/
Source data frequency: Annually.

Metadata for the Self-rated health indicator is available at https://www.canterburywellbeing.org.nz/index-data

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