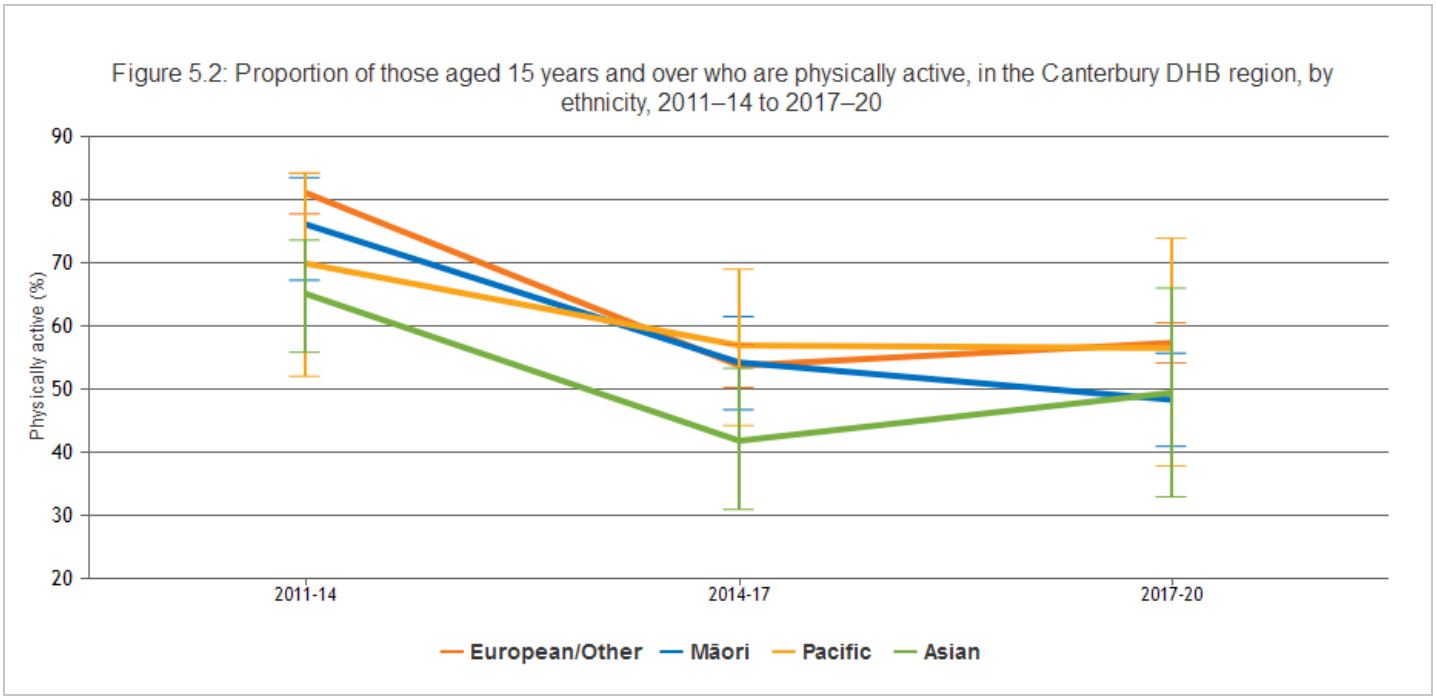
Physical activity: Breakdown by ethnicity

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The figure shows the proportion of Māori, Pacific, Asian, and European/Other respondents, aged 15 years and over in the Canterbury DHB region, who indicated being physically active (at least 150 minutes of moderate-intensity or equivalent physical activity per week) for the period 2011–14 to 2017–20. There were no statistically significant differences in the proportion of respondents who indicated being physically active across the different ethnic groups, over the time series shown (Māori, 48.3%; Pacific, 56.5%; Asian, 49.4%; European/Other, 57.3%, for 2017–20).

Data Sources for Physical activity

Source: Ministry of Health.
Survey/data set: New Zealand Health Survey to 2020. Access publicly available data from the Ministry of Health website https://minhealthnz.shinyapps.io/nz-health-survey-2020-21-annual-data-explorer/_w_c2718a23/#!/explore-indicators
Source data frequency: Survey conducted continuously with data reported annually. Regional results (pooled data) released every 3 years.

Metadata for the Physical activity indicator is available at https://www.canterburywellbeing.org.nz/index-data

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