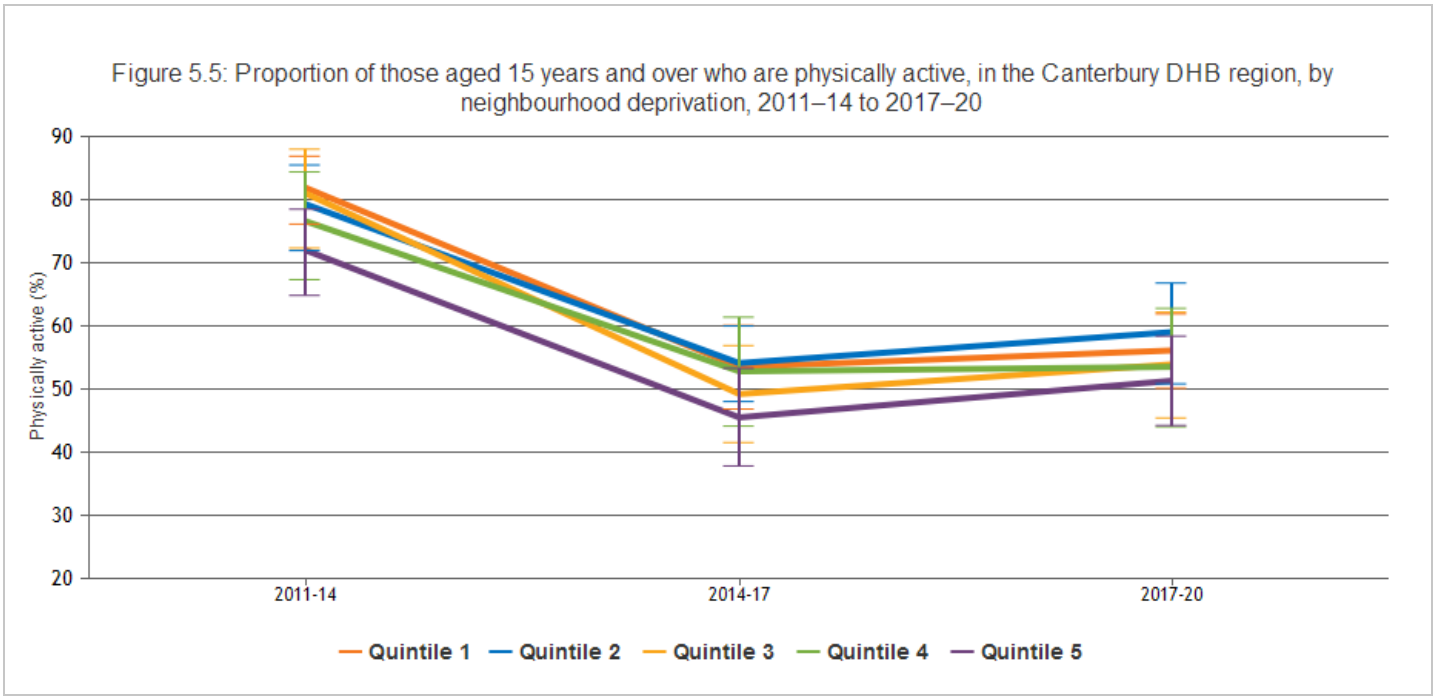
Physical activity: Breakdown by deprivation

Downloaded from https://www.canterburywellbeing.org.nz/our-wellbeing/health/physical-activity/#link-breakdown-by-deprivation on 29/03/2024 4:48 AM



The figure shows the proportion of respondents aged 15 years and over in the Canterbury DHB region, who indicated being physically active (at least 150 minutes of moderate-intensity or equivalent physical activity per week), for the period 2011–14 to 2017–20, by level of neighbourhood deprivation. The differences in the proportions of respondents who reported being physically active, from neighbourhoods that have the least deprived NZDep18 scores compared with the most deprived NZDep18 scores, are not statistically significant (for 2017–20, Quintile 1, 56.1%; Quintile 2, 59.0%; Quintile 3, 53.9%; Quintile 4, 53.5%; Quintile 5, 51.3%).

Data Sources for Physical activity

Source: Ministry of Health.
Survey/data set: New Zealand Health Survey to 2020. Access publicly available data from the Ministry of Health website https://minhealthnz.shinyapps.io/nz-health-survey-2020-21-annual-data-explorer/_w_c2718a23/#!/explore-indicators
Source data frequency: Survey conducted continuously with data reported annually. Regional results (pooled data) released every 3 years.

Metadata for the Physical activity indicator is available at https://www.canterburywellbeing.org.nz/index-data

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