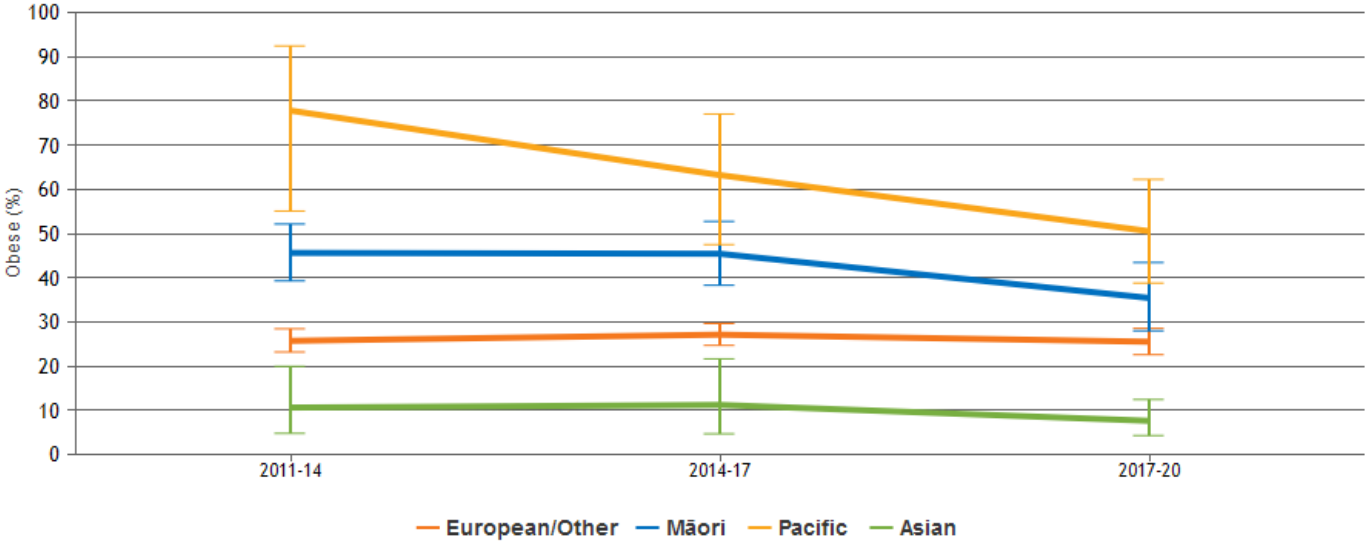
Obesity: Breakdown by ethnicity

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The figure shows that the proportion of Canterbury DHB region respondents, aged 15 years and over, who were obese was highest for Pacific people over the time series shown, compared with Māori, Asian, and European/Other respondents (in 2017–2020, Pacific, 50.5%; Māori, 35.4%; European/Other 25.5%, and Asian, 7.6%). The proportion of adult Māori and Pacific respondents who are obese has declined over the time series shown (notably for Pacific people), although the differences are not statistically significant.

Data Sources for Obesity

Source: Ministry of Health.
Survey/data set: New Zealand Health Survey to 2020. Access publicly available data from the Ministry of Health website https://minhealthnz.shinyapps.io/nz-health-survey-2020-21-annual-data-explorer/_w_0bb7535a/#!/explore-indicators
Source data frequency: Survey conducted continuously with data reported annually. Regional results (pooled data) released every 3 years.

Metadata for the Obesity indicator is available at https://www.canterburywellbeing.org.nz/index-data

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