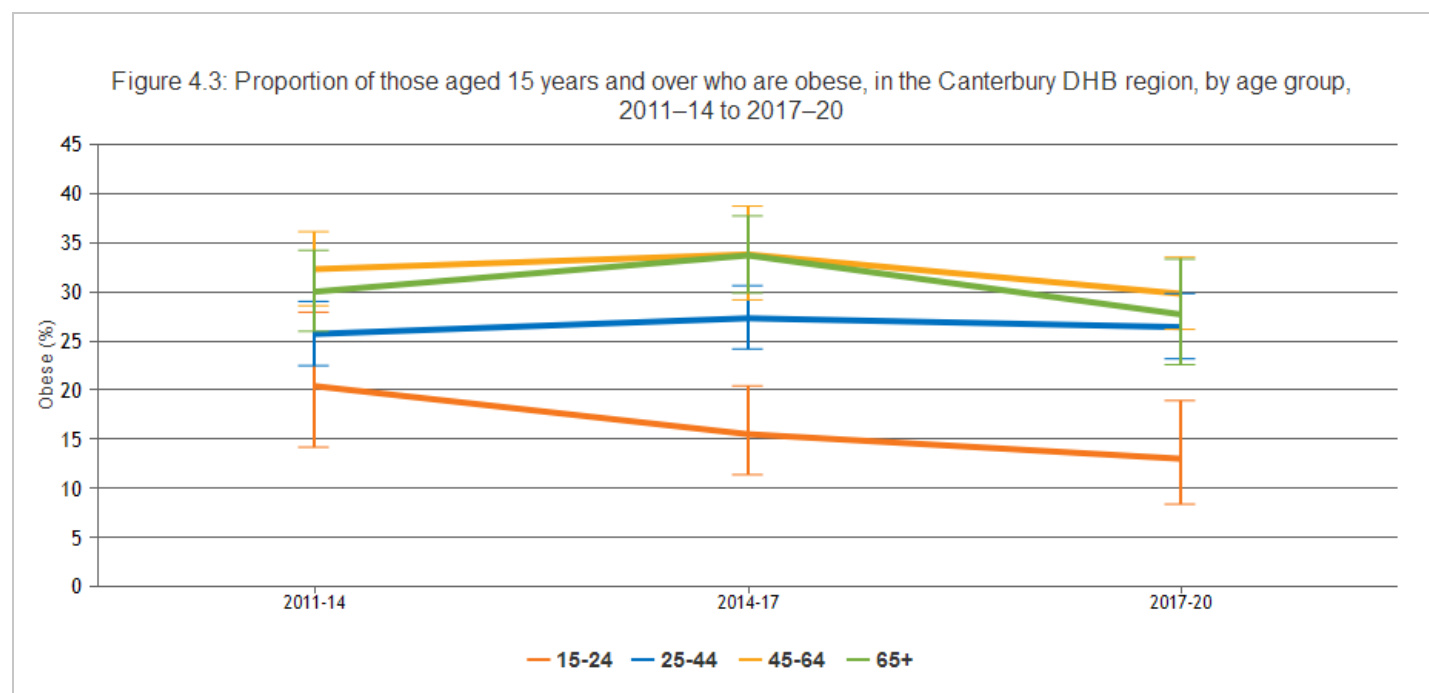


## Obesity: Breakdown by age

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/health/obesity/#link-breakdown-by-age> on 20/04/2024 12:10 PM



The figure shows that the proportion of respondents aged 15 years and over who are obese in the Canterbury DHB region is higher for the older age groups, in particular for those aged 25 to 44 years (26.4%), 45 to 64 years (29.8%), and those aged 65+ years (27.7%) in 2017-20 (i.e. a statistically significantly higher proportion for all of the older age groups than for those aged 15 to 24 years (13.0%), in both the 2014-17 and 2017-20 time periods).

### Data Sources for Obesity

**Source:** Ministry of Health.

**Survey/data set:** New Zealand Health Survey to 2020. Access publicly available data from the Ministry of Health website

[https://minhealthnz.shinyapps.io/nz-health-survey-2020-21-annual-data-explorer/\\_w\\_0bb7535a/#!/explore-indicators](https://minhealthnz.shinyapps.io/nz-health-survey-2020-21-annual-data-explorer/_w_0bb7535a/#!/explore-indicators)

**Source data frequency:** Survey conducted continuously with data reported annually. Regional results (pooled data) released every 3 years.

Metadata for the Obesity indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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