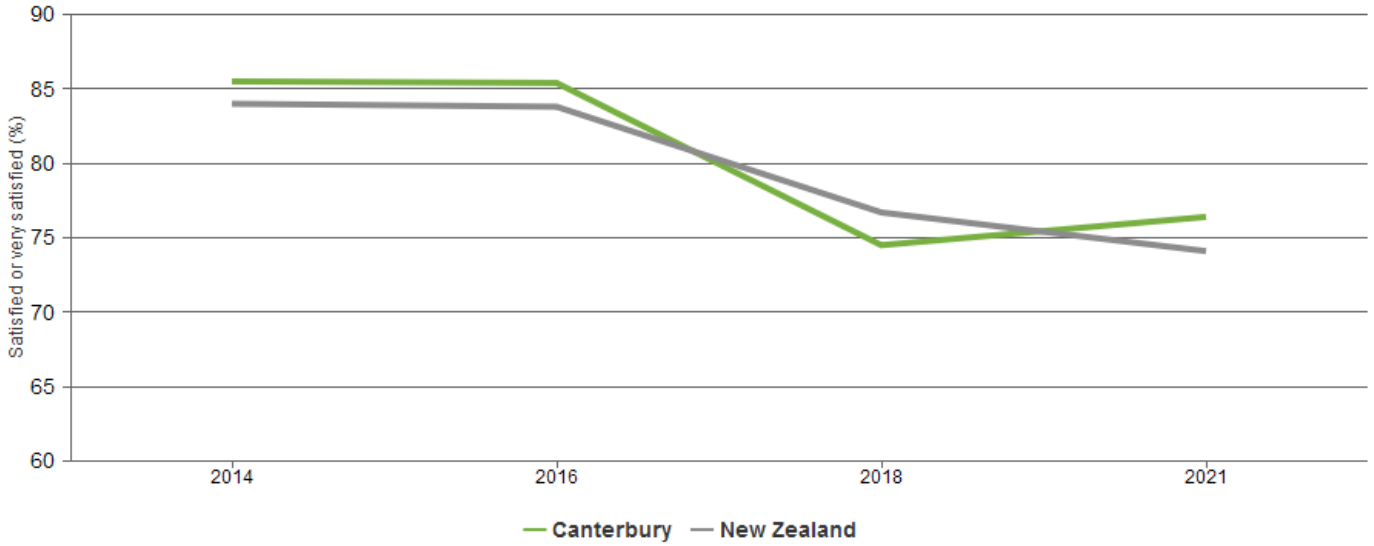
# Employment: Job satisfaction

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Job satisfaction reflects how people feel about their job and encompasses a range of possible factors and influences. Job satisfaction has been associated with overall life satisfaction and provides an additional view on working life. Satisfaction with one's employment situation can influence subjective wellbeing, and vice versa [17]. Respondents to the New Zealand General Social Survey [18] are asked to think about the last four weeks in their job (main job), and to rate how they feel about their job using a 5-point Likert scale (response options ranging from very dissatisfied to very satisfied).

This indicator presents the proportion of employed people who were satisfied or very satisfied with their main job, based on recall of the last four weeks in their job.

Figure 5.1: Proportion of those aged 15 years and over who are satisfied or very satisfied with their job, in Canterbury and New Zealand, 2014–2021




The figure shows that job satisfaction as measured in the New Zealand General Social Survey decreased in Canterbury and in New Zealand overall between 2016 and 2021. In the 2021 survey, 76.4 percent of Canterbury respondents and 74.1 percent of New Zealand respondents were satisfied or very satisfied with their job, compared to 85.4 percent and 83.8 percent in 2016, respectively.

### Data Sources

**Source:** Statistics New Zealand.
**Survey/data set:** New Zealand General Social Survey to 2021. Access publicly available data from the Statistics New Zealand | Ngā Tūtohu Aotearoa – Indicators Aotearoa New Zealand website https://statisticsnz.shinyapps.io/wellbeingindicators/?page=alignment&subpage=aligningcurrent
**Source data frequency:** Every 2 years.

Metadata for this indicator is available at https://www.canterburywellbeing.org.nz/our-wellbeing/index-data

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