

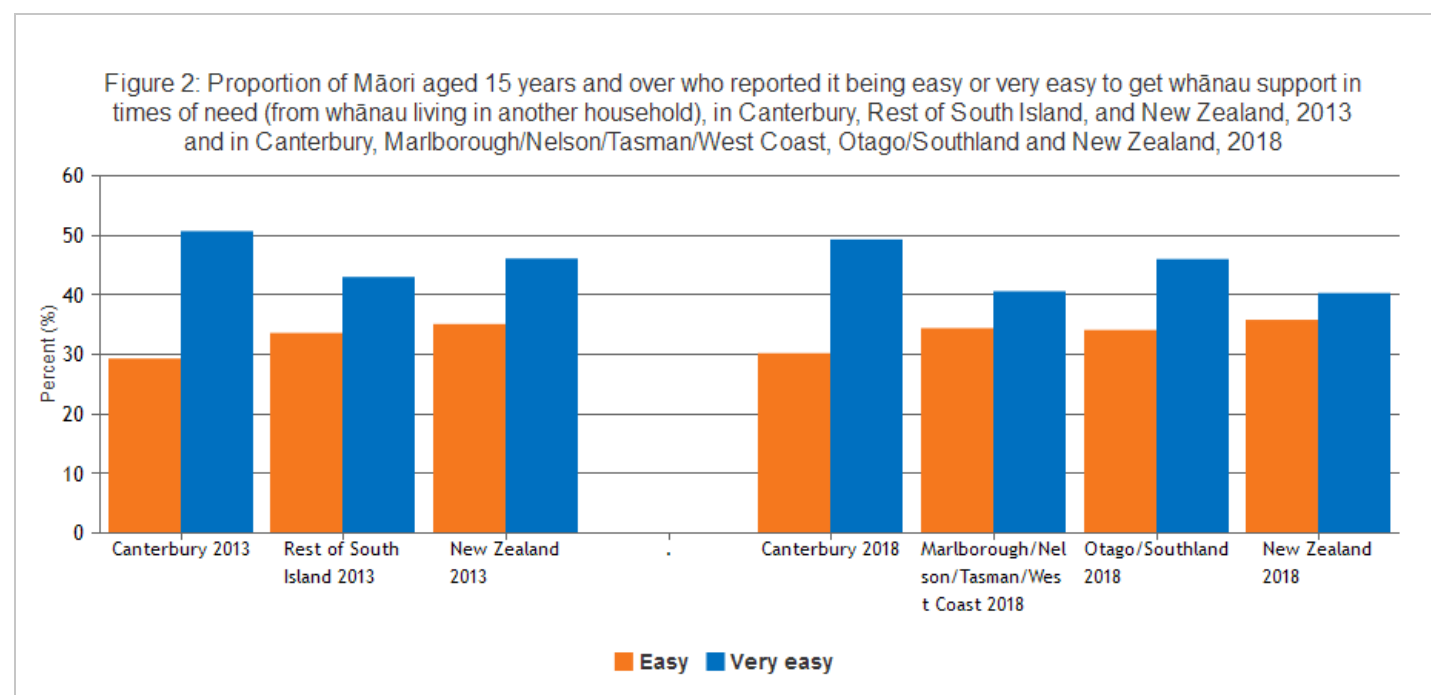
# He Tohu Ora: Whānau support

Downloaded from <https://www.canterburywellbeing.org.nz/he-tohu-ora/#link-whānau-support> on 26/04/2024 5:47 PM

Having whānau support in times of need allows people to have material and emotional support, both of which influence health and wellbeing [11]. From a te ao Māori perspective, manaakitanga (showing respect, generosity and care for others) is an important aspect to achieve individual and whānau wellbeing [1]. Not only is it important to receive care from whānau but also to reciprocate that care, particularly towards those who may have greater need, such as younger and older members of whānau [1].

Te Kupenga asked respondents how easy or hard it would be for them to find someone to help them in times of need (e.g., when they have serious illness) [12]. There were five response options ranging from very easy to very hard. In 2013, responses from South Island respondents were grouped into two categories – Canterbury and Rest of South Island, whereas in 2018, responses from South Island respondents were grouped into three categories – Canterbury, Marlborough/Nelson/Tasman/West Coast, and Otago/Southland.

This indicator presents the proportion of survey respondents who reported it being easy or very easy to get whānau support in times of need, from whānau living in another household.



The majority of respondents for Canterbury (80.0% in 2013 and 79.5% in 2018), the rest of the South Island (76.6% in 2013) and New Zealand (81.2% in 2013 and 76.1% in 2018) reported it was easy or very easy to get whānau support in times of need (from whānau living in another household). The proportion reporting it was very easy to get whānau support in Canterbury was similar in 2013 (50.7%) and 2018 (49.3%). In 2018, Canterbury (49.3%) had the highest proportion reporting it was very easy to get whānau support followed by Otago/Southland (46.0%), Marlborough/Nelson/Tasman/West Coast combined (40.6%), and New Zealand overall (40.3%).

## Data Sources

**Source:** Statistics New Zealand.

**Survey/data set:** Te Kupenga 2013 and 2018. Access publicly available data from the Statistics New Zealand website [www.stats.govt.nz/information-releases/te-kupenga-2018-final-english](http://www.stats.govt.nz/information-releases/te-kupenga-2018-final-english)

**Source data frequency:** Survey conducted every 10 years - following the national census.

Metadata for this indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

## REFERENCES

---

This is the full reference list for **He Tohu Ora**.

- 1 Durie M (2006) Measuring Māori Wellbeing. New Zealand Treasury guest lecture series. Wellington.
- 2 Durie M (1999) Te Pae Māhutonga: A model for Māori health promotion. *Health Promotion Forum of New Zealand Newsletter* 49: 5.
- 3 Kingi TK, Durie M, Elder H, Tapsell R, Lawrence M, et al. (2018) *Maea te Toi Ora: Māori Health Transformations*. Wellington: Huia Publishers.
- 4 Durie M (1998) *Whaiora: Māori health development*. Auckland: Oxford University Press.
- 5 Durie M (2001) *Mauri Ora: The Dynamics of Māori Health*. Auckland: Oxford University Press.
- 6 Te Puni Kōkiri (2018) *Whānau Ora Annual Summary Report: 1 July 2016 - 30 June 2017*.
- 7 Pevalin D, Rose D (2004) *Investigating the links between social capital and health using the British Household Panel Survey*. Essex: Institute for Social and Economic Research, University of Essex.
- 8 Elliott J, Gale CR, Parsons S, Kuh D, HALCyon Study Team (2014) Neighbourhood cohesion and mental wellbeing among older adults: A mixed methods approach. *Social Science & Medicine* 107: 44-51.
- 9 Robinson D, Williams T (2001) Social capital and voluntary activity: Giving and sharing in Māori and non-Māori society. *Social Policy Journal of New Zealand/Te Puna Whakaaro* 52.
- 10 Te Whatu Ora Waitaha (2022) *Canterbury Wellbeing Survey: Report prepared by Nielsen for Te Whatu Ora Waitaha and partnering agencies*. Christchurch: Te Whatu Ora Waitaha.
- 11 Social Policy Evaluation and Research Unit (2017) *Subjective whānau wellbeing in Te Kupenga*. Wellington: Superu.
- 12 Statistics New Zealand (2013) *Te Kupenga 2013: A survey of Māori well-being questionnaire*. Wellington: Statistics New Zealand.
- 13 Statistics New Zealand (2015) *Ngā tohu o te ora: The determinants of life satisfaction for Māori 2013*. Wellington: Statistics New Zealand.
- 14 Statistics New Zealand (2018) *New Zealand Census of Population and Dwellings: individual form*. Wellington: Statistics New Zealand.
- 15 Social Policy Evaluation and Research Unit (2017) *Families and whānau status report*. Wellington: Superu.
- 16 Kingi TK, Durie M, Durie M, Cunningham C, Borman B, et al. (2014) *Te Puawaitanga o Ngā Whānau: Six Markers of Flourishing Whānau*. Palmerston North: Massey University.
- 17 Fayers P, Hays R (2005) *Assessing quality of life in clinical trials: methods and practice (2nd edition)*. New York: Oxford University Press.
- 18 Reid J, Varona, G, Fisher, M, & Smith, C. (2016) Understanding Māori 'lived' culture to determine cultural connectedness and wellbeing. *Journal of Population Research* 33: 31-49s.
- 19 Muriwai E, Houkamau CA, Sibley CG (2015) Culture as cure? The protective function of Māori cultural efficacy on psychological distress. *New Zealand Journal of Psychology* 44: 14.
- 20 Ministry of Social Development (2016) *The social report 2016: Te pūrongo oranga tangata*. Wellington: Ministry of Social Development.
- 21 Māori party (2016) \$34.6m to support Te Reo Māori revival. Accessed 15 November 2018 from [www.maoriparty.org](http://www.maoriparty.org)
- 22 Chrisp S (2005) Māori Intergenerational Language Transmission. *International Journal of the Sociology of Language* 2005: 149-181.
- 23 Te Ahukaramū Charles Royal (2007) Story: Papatūānuku - the land. Te Ara: the Encyclopedia of New Zealand
- 24 National Advisory Committee on Health and Disability (1998) The social, cultural, and economic determinants of health in New Zealand: action to improve health. Wellington: National Health Committee.
- 25 Te Kotahi Research Institute: Waikato University (2014) Ngā Hua a Tāne Rore: the Benefits of Kapa Haka Manatū Taonga - Ministry for Culture and Heritage & Te Matatini.
- 26 Kennedy V, Cram F, Paipa K, Pipi K, Baker M (2015) Wairua and cultural values in evaluation. *Evaluation Matters-He take tō te aromatawai* 1: 83-111.
- 27 Howden-Chapman P, Matheson A, Crane J, Viggers H, Cunningham M, et al. (2007) Effect of insulating existing houses on health inequality: cluster randomised study in the community. *British Medical Journal* 334: 460-464.

- 28 Baker M, Zhang J, Keall M, Howden-Chapman P (2011) *Health Impacts of the Healthy Housing Programme on Housing New Zealand Tenants: 2004-2008*. Wellington: He Kainga Oranga, University of Otago.
- 29 Raerino K, Macmillan AK, Jones RG (2013) Indigenous Māori perspectives on urban transport patterns linked to health and wellbeing. *Health and Place* 23: 54-62.
- 30 Waitangi Tribunal (2011) *Ko Aotearoa tēnei : a report into claims concerning New Zealand law and policy affecting Māori culture and identity. Te taumata tuatahi. (Waitangi Tribunal report)*. Wellington: Legislation Direct.
- 31 Ministry of Health (2014) *The guide to He Korowai Oranga: Māori Health Strategy*. Wellington: Ministry of Health.