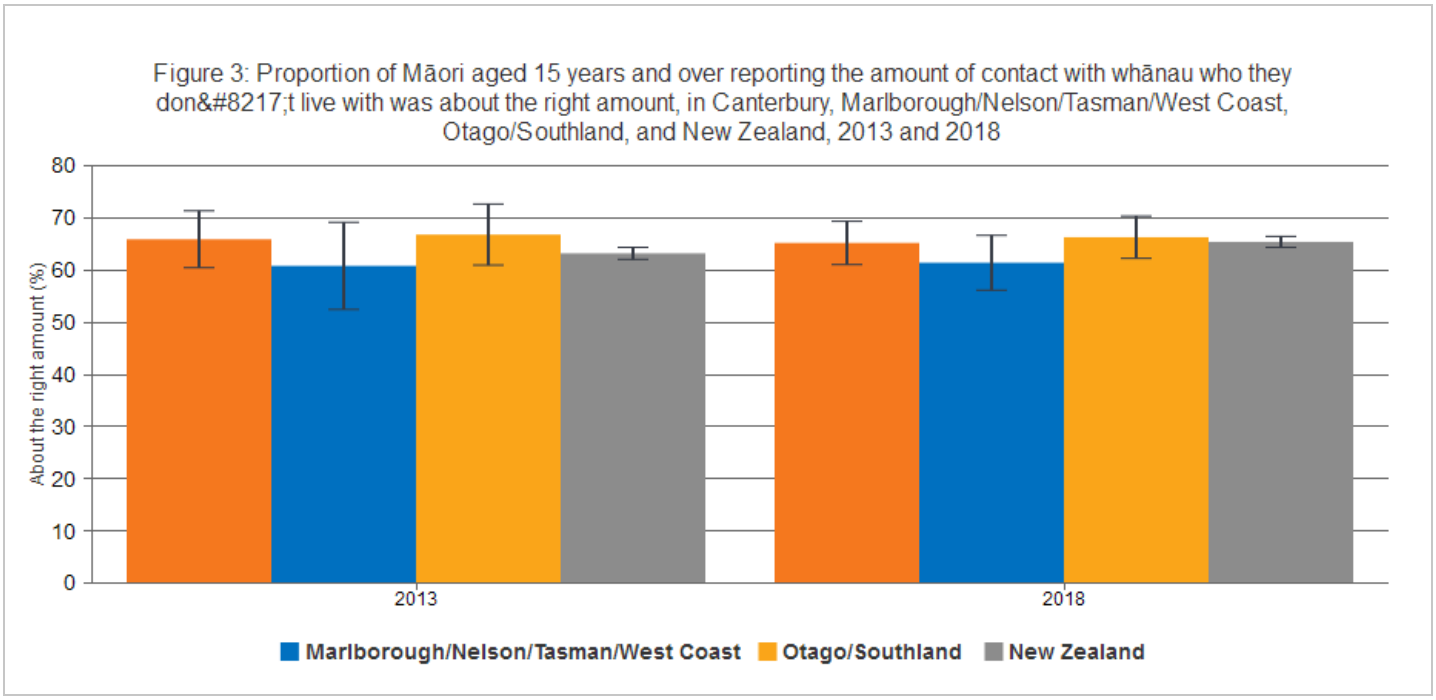
He Tohu Ora: Whānau contact

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Having strong whanaungatanga (relationship and kinship) is an important dimension of Māori wellbeing. Strong relationships within whānau can provide physical and emotional support, collective action, and a strong sense of identity [3, 5]. Regular contact with whānau who live outside the home is also an important factor for life satisfaction [13]. Contact with whānau may be face-to-face or by utilising technology to communicate. This indicator measures respondents' level of satisfaction with whānau contact, rather than the amount of contact.

Te Kupenga asked respondents to consider all types of contact they have with whānau who they do not live with and, overall, if the contact was too much, the right amount, or not enough [12].

This indicator presents the proportion of survey respondents reporting the amount of contact with whānau living in another household was about the right amount, during the past four weeks.



The figure shows that for all areas in 2013 and 2018, approximately two-thirds of respondents reported the contact they had with whānau who they don't live with was about the right amount. The proportion of respondents in Canterbury was similar in 2013 and 2018 (65.9% and 65.2%, respectively).

Data Sources

Source: Statistics New Zealand.
Survey/data set: Te Kupenga 2013 and 2018. Access publicly available data from the Statistics New Zealand website www.stats.govt.nz/information-releases/te-kupenga-2018-final-english
Source data frequency: Survey conducted every 10 years - following the national census.

Metadata for this indicator is available at https://www.canterburywellbeing.org.nz/index-data

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