

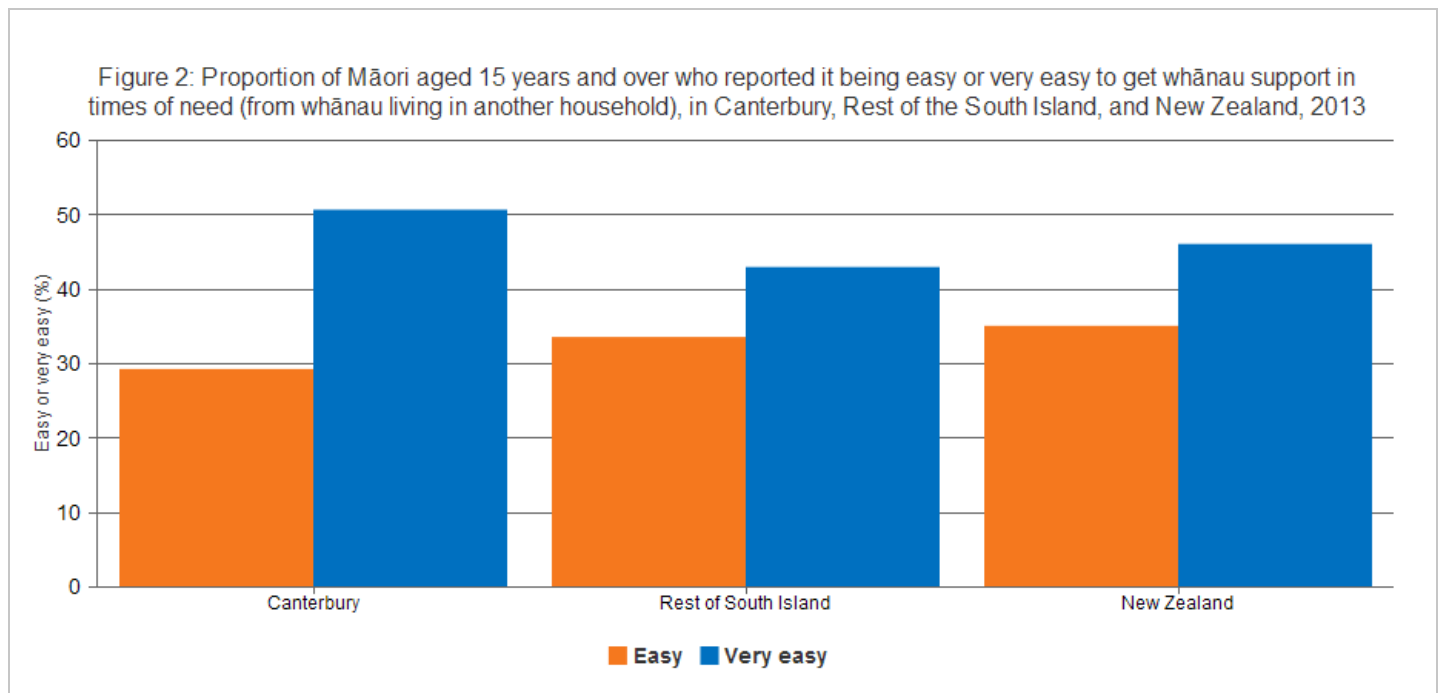
## He Tohu Ora: Whānau support

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Having whānau support in times of need allows people to have material and emotional support, both of which influence health and wellbeing [11]. From a te ao Māori perspective, manaakitanga (showing respect, generosity and care for others) is an important aspect to achieve individual and whānau wellbeing [1]. Not only is it important to receive care from whānau but also to reciprocate that care, particularly towards those who may have greater need, such as younger and older members of whānau [1].

Te Kupenga 2013 asked respondents how easy or hard it would be for them to find someone to help them in times of need (e.g., when they have serious illness) [12]. There were five response options ranging from very easy to very hard.

This indicator presents the proportion of survey respondents who reported it being easy or very easy to get whānau support in times of need, from whānau living in another household.



In 2013, the majority of respondents for Canterbury (80%), the rest of the South Island (76.7%) and New Zealand (81.2%) reported it was easy or very easy to get whānau support in times of need (from whānau living in another household). Canterbury (50.7%) had the highest proportion reporting it was very easy to get whānau support followed by New Zealand overall (46.1%) and the rest of the South Island (43%).

### Data Sources

**Source:** Statistics New Zealand.

**Survey/data set:** Te Kupenga 2013. Access publicly available data from the Statistics New Zealand website [www.archive.stats.govt.nz/browse\\_for\\_stats/people\\_and\\_communities/maori/te-kupenga.aspx](http://www.archive.stats.govt.nz/browse_for_stats/people_and_communities/maori/te-kupenga.aspx)

**Source data frequency:** Updated in 2018 and then 10-yearly.

Metadata for this indicator is available at <https://www.canterburywellbeing.org.nz/index-data>



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