He Tohu Ora: Unpaid activities

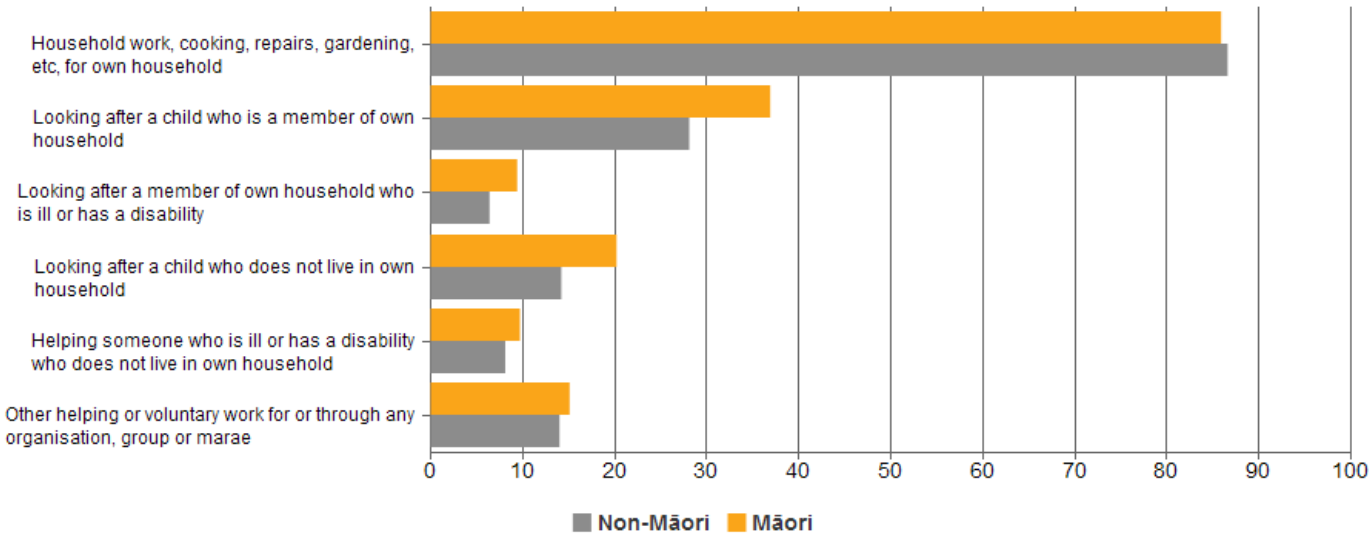
Downloaded from https://www.canterburywellbeing.org.nz/he-tohu-ora/#link-unpaid-activities on 29/03/2024 11:59 AM

Unpaid activities may include domestic activity, unpaid child care, aged care and care of people with disabilities. From a Māori worldview, manaakitanga (showing respect, generosity and care for others) and whanaungatanga (relationship and kinship) are important values that contribute to individual and whānau wellbeing [1]. Manaakitanga also extends to participation in the wider society, for example helping out at local marae, schools, churches or sports clubs.

The 2018 Census asked respondents which activities, from a list of options, they had done within the past four weeks, without pay [14].

This indicator presents the proportion of Māori and non-Māori adults who had undertaken unpaid activities in the past four weeks in greater Christchurch.

Figure 4: Proportion of Māori and non-Māori aged 15 years and over who had undertaken unpaid activities, by type, in greater Christchurch, 2018



The figure shows that Māori in greater Christchurch took part in more unpaid activities than non-Māori, at the time of the 2018 Census. The most notable differences between Māori and non-Māori, by type of activity, were for looking after a child who does not live in their own household (Māori 20.2%; non-Māori 14.2%) and looking after a child who does live in their own household (Māori 36.9%; non-Māori 28.1%). Additionally, more Māori had helped someone who is ill or has a disability, from both their own household (Māori 9.4%; non-Māori 6.4%) and from another household (Māori 9.7%; non-Māori 8.1%). Similarly, a higher proportion of Māori than non-Māori had undertaken other helping or voluntary work for or through an organisation, group, or marae (15.1% Māori; 14.0% non-Māori).

Data Sources

Source: Statistics New Zealand.
Survey/data set: Census of Population and Dwellings. Access publicly available data from the Statistics New Zealand website www.stats.govt.nz/2018-census/

Source data frequency: Census conducted every 5 years.

Metadata for this indicator is available at https://www.canterburywellbeing.org.nz/index-data

© Crown copyright 2024

REFERENCES

This is the full reference list for **He Tohu Ora**.

1 Durie M (2006) Measuring Māori Wellbeing. New Zealand Treasury guest lecture series. Wellington.

2 Durie M (1999) Te Pae Māhutonga: A model for Māori health promotion. *Health Promotion Forum of New Zealand Newsletter* 49: 5.

3 Kingi TK, Durie M, Elder H, Tapsell R, Lawrence M, et al. (2018) *Maea te Toi Ora: Māori Health Transformations*. Wellington: Huia Publishers.

4 Durie M (1998) *Whaiora: Māori health development*. Auckland: Oxford University Press.

5 Durie M (2001) *Mauri Ora: The Dynamics of Māori Health*. Auckland: Oxford University Press.

6 Te Puni Kōkiri (2018) *Whānau Ora Annual Summary Report: 1 July 2016 - 30 June 2017*.

7 Pevalin D, Rose D (2004) *Investigating the links between social capital and health using the British Household Panel Survey*. Essex: Institute for Social and Economic Research, University of Essex.

8 Elliott J, Gale CR, Parsons S, Kuh D, HALCyon Study Team (2014) Neighbourhood cohesion and mental wellbeing among older adults: A mixed methods approach. *Social Science & Medicine* 107: 44-51.

9 Robinson D, Williams T (2001) Social capital and voluntary activity: Giving and sharing in Māori and non-Māori society. *Social Policy Journal of New Zealand/Te Puna Whakaaro* 52.

10 Te Whatu Ora Waitaha (2022) *Canterbury Wellbeing Survey: Report prepared by Nielsen for Te Whatu Ora Waitaha and partnering agencies*. Christchurch: Te Whatu Ora Waitaha.

11 Social Policy Evaluation and Research Unit (2017) *Subjective whānau wellbeing in Te Kupenga*. Wellington: Superu.

12 Statistics New Zealand (2013) *Te Kupenga 2013: A survey of Māori well-being questionnaire*. Wellington: Statistics New Zealand.

13 Statistics New Zealand (2015) *Ngā tohu o te ora: The determinants of life satisfaction for Māori 2013*. Wellington: Statistics New Zealand.

14 Statistics New Zealand (2018) *New Zealand Census of Population and Dwellings: individual form*. Wellington: Statistics New Zealand.

15 Social Policy Evaluation and Research Unit (2017) *Families and whānau status report*. Wellington: Superu.

16 Kingi TK, Durie M, Durie M, Cunningham C, Borman B, et al. (2014) *Te Puawaitanga o Ngā Whānau: Six Markers of Flourishing Whānau*. Palmerston North: Massey University.

17 Fayers P, Hays R (2005) *Assessing quality of life in clinical trials: methods and practice (2nd edition)*. New York: Oxford University Press.

18 Reid J, Varona, G, Fisher, M, & Smith, C. (2016) Understanding Māori 'lived'culture to determine cultural connectedness and wellbeing. *Journal of Population Research* 33: 31-49s.

19 Muriwai E, Houkamau CA, Sibley CG (2015) Culture as cure? The protective function of Māori cultural efficacy on psychological distress. *New Zealand Journal of Psychology* 44: 14.

20 Ministry of Social Development (2016) *The social report 2016: Te pūrongo oranga tangata*. Wellington: Ministry of Social Development.

21 Māori party (2016) $34.6m to support Te Reo Māori revival. Accessed 15 November 2018 from www.maoriparty.org

22 Chrisp S (2005) Māori Intergenerational Language Transmission. *International Journal of the Sociology of Language* 2005: 149-181.

23 Te Ahukaramū Charles Royal (2007) Story: Papatūānuku - the land. Te Ara: the Encyclopedia of New Zealand

24 National Advisory Committee on Health and Disability (1998) The social, cultural, and economic determinants of health in New Zealand: action to improve health. Wellington: National Health Committee.

25 Te Kotahi Research Institute: Waikato University (2014) Ngā Hua a Tāne Rore: the Benefits of Kapa Haka Manatū Taonga - Ministry for Culture and Heritage & Te Matatini.

26 Kennedy V, Cram F, Paipa K, Pipi K, Baker M (2015) Wairua and cultural values in evaluation. *Evaluation Matters-He take tō te aromatawai* 1: 83-111.

27 Howden-Chapman P, Matheson A, Crane J, Viggers H, Cunningham M, et al. (2007) Effect of insulating existing houses on health inequality: cluster randomised study in the community. *Bristish Medical Journal* 334: 460-464.

© Crown copyright 2024 Printed on: 29/03/2024

28 Baker M, Zhang J, Keall M, Howden-Chapman P (2011) *Health Impacts of the Healthy Housing Programme on Housing New Zealand Tenants: 2004-2008*. Wellington: He Kainga Oranga, University of Otago.

29 Raerino K, Macmillan AK, Jones RG (2013) Indigenous Māori perspectives on urban transport patterns linked to health and wellbeing. *Health and Place* 23: 54-62.

30 Waitangi Tribunal (2011) *Ko Aotearoa tēnei : a report into claims concerning New Zealand law and policy affecting Māori culture and identity. Te taumata tuatahi. (Waitangi Tribunal report)*. Wellington: Legislation Direct.

31 Ministry of Health (2014) *The guide to He Korowai Oranga: Māori Health Strategy*. Wellington: Ministry of Health.

© Crown copyright 2024 Printed on: 29/03/2024