

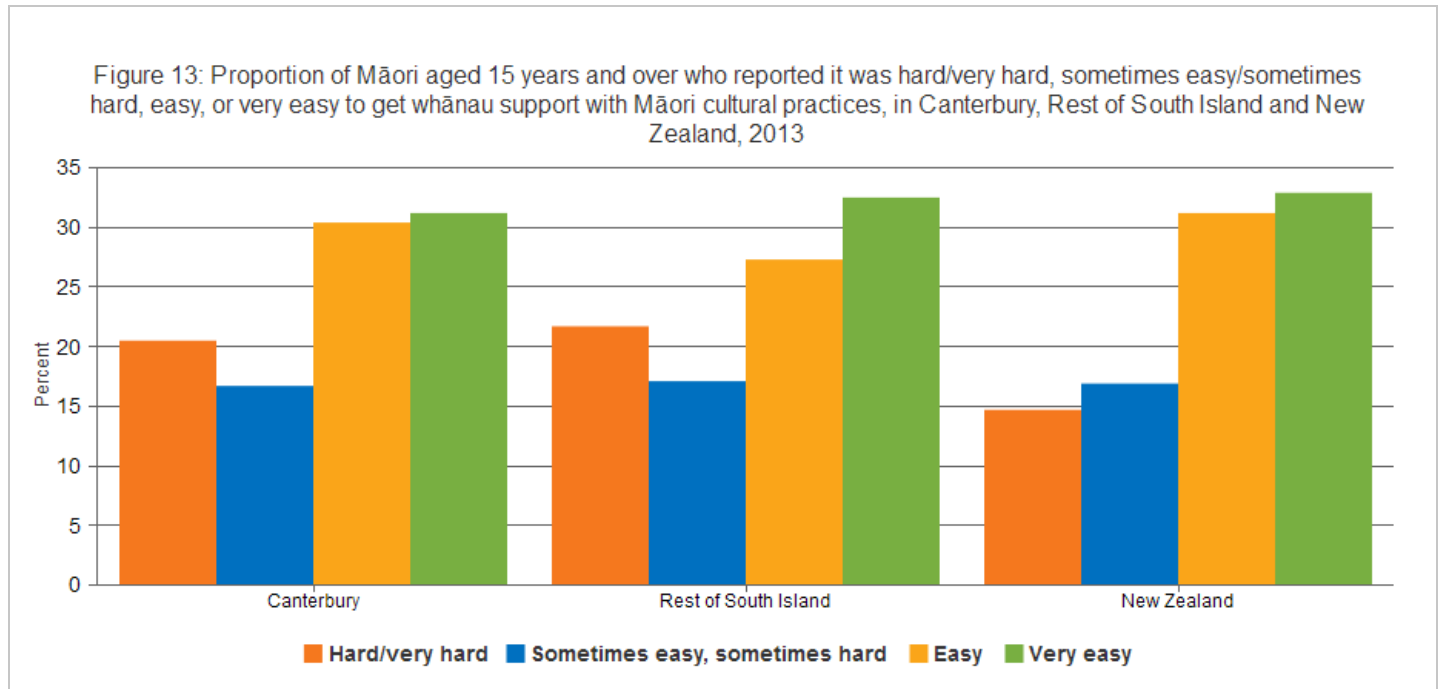
He Tohu Ora: Cultural support

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Culture is recognised as a central determinant of health and wellbeing for many ethnic groups [24]. For Māori, having access to culture might refer to knowledge of cultural heritage, speaking te reo Māori or being on a marae. Although iwi, rūnanga and hapū might contribute to the provision of cultural support, whānau are recognised as being a major influencer of cultural identity and capacity [5]. Cultural norms and traditions, such as te reo and tikanga Māori, are inherited through families and passed down generations, just as land or possessions are [5]. Accessing whānau support with Māori cultural practices such as attending a tangihanga (funeral) or saying a karakia (incantation) is an important contributor to an individual's secure cultural identity, and by extension overall wellbeing.

Te Kupenga 2013 asked respondents how easy or hard it would be to find someone to help with cultural practices (such as going to a tangi, speaking at a hui, or blessing a taonga) [12]. The question had five response options ranging from very hard to very easy.

This indicator presents the proportion of respondents that reported it was very hard/hard, sometimes easy/sometimes hard, easy, or very easy to get whānau support with Māori cultural practices.



The figure shows that in 2013 similar proportions of respondents in Canterbury (31.2%), the rest of the South Island (32.5%) and New Zealand (32.9%) overall reported that it was very easy to get whānau support with Māori cultural practices, while a slightly smaller proportion reported that it was easy in all three geographical areas. Respondents from New Zealand overall had the lowest proportion (14.7%) reporting that it was hard/very hard to get whānau support with cultural practices, followed by Canterbury (20.5%) and the rest of the South Island (21.7%).

Data Sources

Source: Statistics New Zealand.

Survey/data set: Te Kupenga 2013. Access publicly available data from the Statistics New Zealand website www.archive.stats.govt.nz/browse_for_stats/people_and_communities/maori/te-kupenga.aspx
Source data frequency: Updated in 2018 and then 10-yearly.

Metadata for this indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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