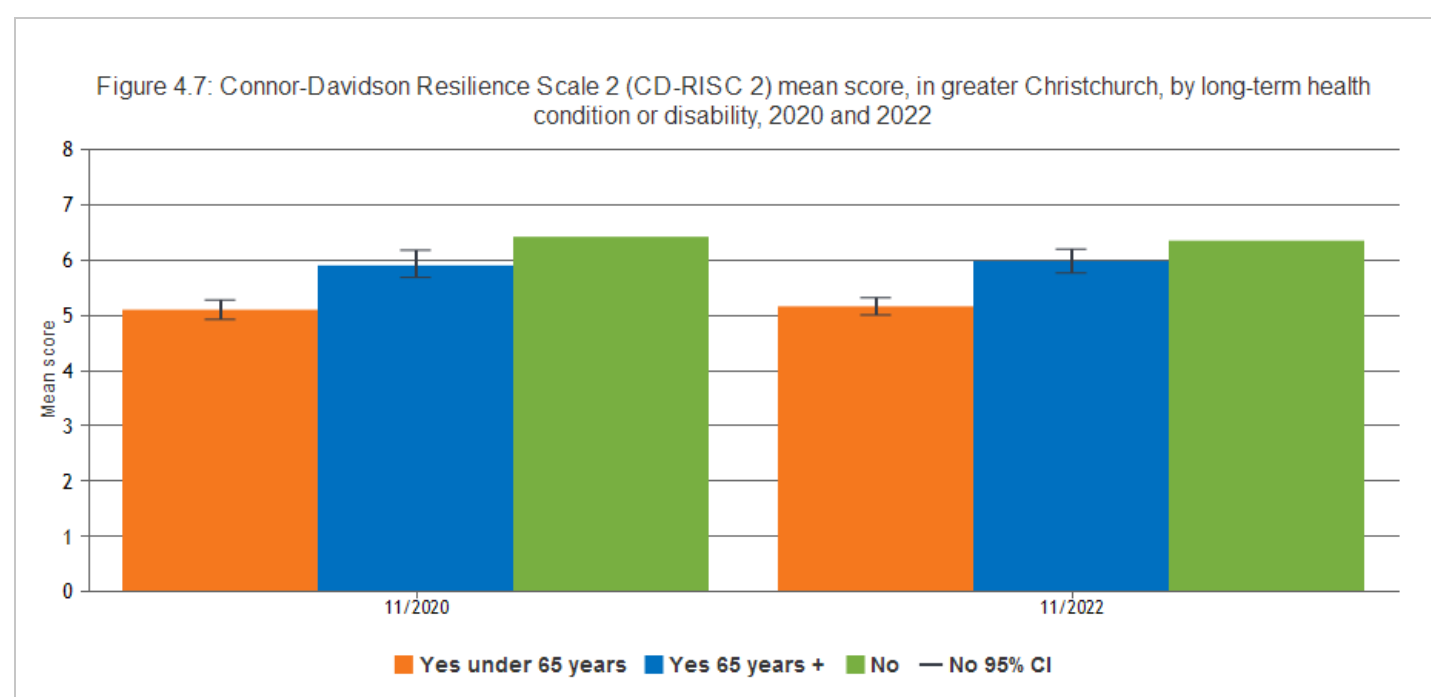


## Resilience: Breakdown by disability

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/subjective-wellbeing/resilience/#link-breakdown-by-disability> on 20/05/2024 8:47 AM



The figure shows lower levels of resilience (CD-RISC-2<sup>®</sup> mean scores) for respondents with a long-term health condition or disability, compared with those without, in 2020 and 2022 (those with a long-term condition or disability and aged under 65 years, 5.2; those with disability and aged 65 years and over, 6.0; and those without disability, 6.4). Of note, the younger group with a long-term health condition or disability had lower mean resilience scores than those aged 65 and over with a long-term health condition or disability. The differences between the groups are statistically significant.

### Data Sources for Resilience

**Source:** Te Whatu Ora Waitaha Canterbury.

**Survey/data set:** Canterbury Wellbeing Survey 2020 to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Resilience indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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