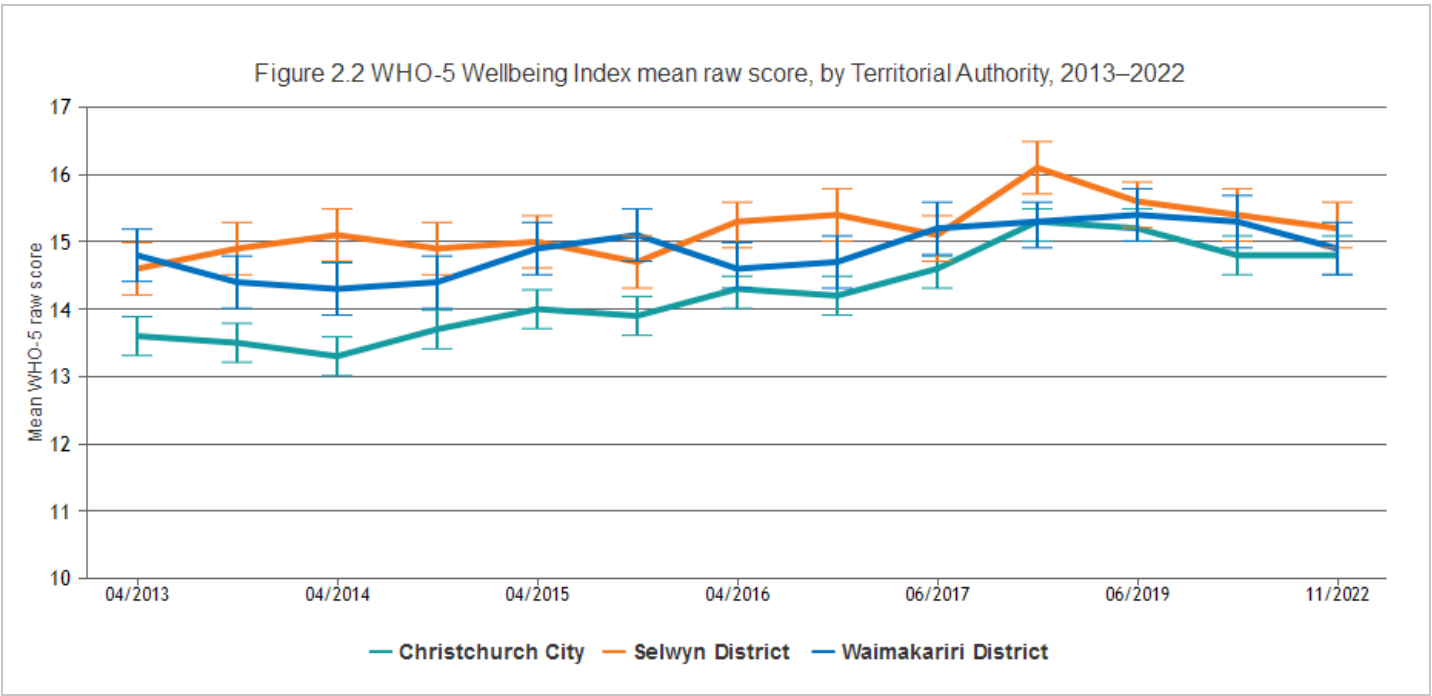


# Emotional wellbeing: Breakdown by Territorial Authority

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The figure shows that survey respondents living in Selwyn District have generally had the highest WHO-5 mean scores across the time-series from 2013 to 2018. While the WHO-5 mean scores for Selwyn and Waimakariri districts were statistically significantly higher than those for Christchurch City, from April 2013 to September 2015, there appears to have been convergence between the three districts' WHO-5 Wellbeing Index mean scores since early 2016. In November 2022 the mean score for Christchurch City is stable at 14.8 (having dropped from 15.2 in June 2019).

## Data Sources for Emotional wellbeing

**Source:** Te Whatu Ora Waitaha Canterbury.  
**Survey/data set:** Canterbury Wellbeing Survey to 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)  
**Source data frequency:** Annually.

Metadata for the Emotional wellbeing indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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