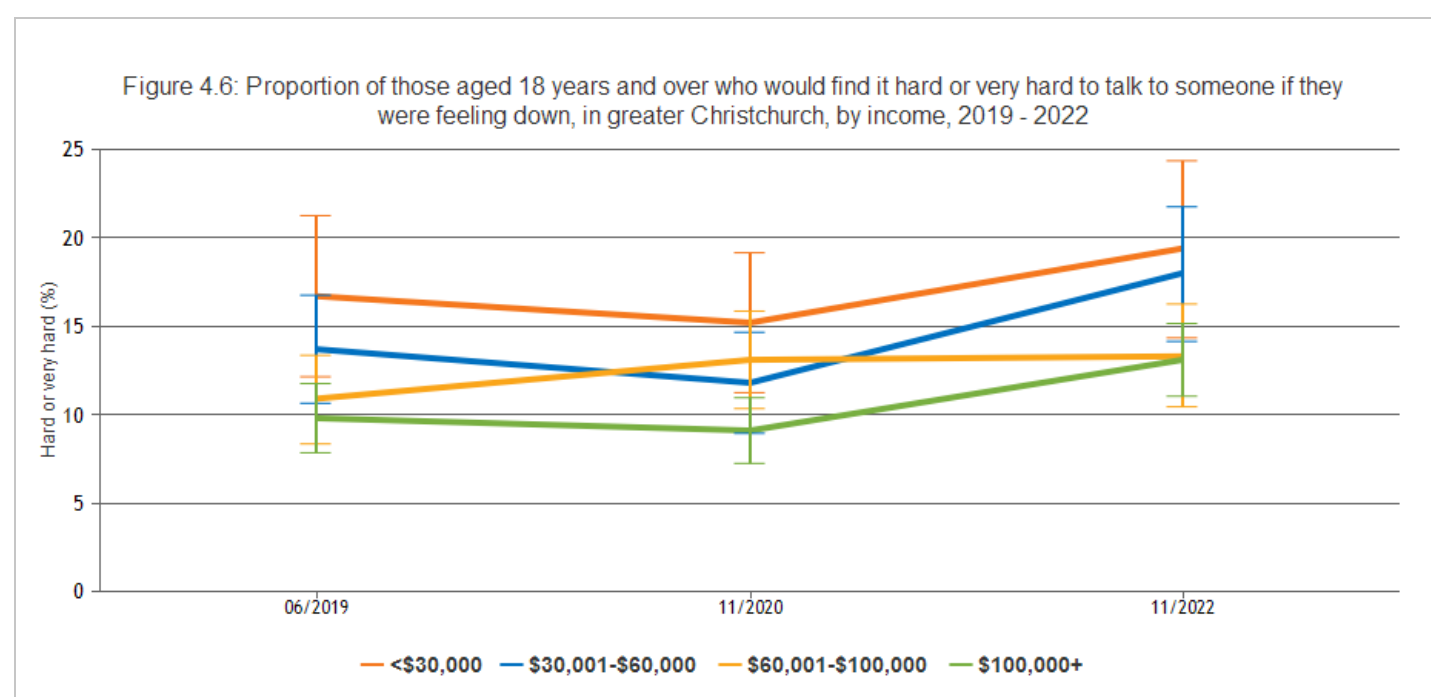


## Emotional support: Breakdown by income

Downloaded from <https://www.canterburywellbeing.org.nz/our-wellbeing/social-capital/emotional-support/#link-breakdown-by-income> on 20/05/2024 2:17 PM



The figure shows the proportion of respondents reporting that they would find it hard or very hard to talk to someone if they were feeling down, by income group, in 2019, 2020, and 2022. The figure shows a general pattern of higher levels of difficulty in accessing emotional support in the lower income groups (<\$30,000, 19.4%; \$30,001-\$60,000, 18%; \$60,001-\$100,000, 13.3%; \$100,000+ group, 13.1%, in 2022). The difference between the lowest income group and the highest income group was statistically significant in 2019 and 2020 but not in 2022.

### Data Sources for Emotional support

**Source:** Te Whatu Ora Waitaha Canterbury - formerly the Canterbury District Health Board.

**Survey/data set:** Canterbury Wellbeing Survey 2022. Access publicly available data from Te Mana Ora | Community and Public Health website [www.cph.co.nz/your-health/wellbeing-survey/](http://www.cph.co.nz/your-health/wellbeing-survey/)

**Source data frequency:** Annually.

Metadata for the Emotional support indicator is available at <https://www.canterburywellbeing.org.nz/index-data>

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